

# event menu

HARVEST %TABLE

CULINARY GROUP

# what we bring to the table

# **OUR PROMISE TO YOU**

We all expect our food to taste good, but we want it to do more than that. We want to know where it came from, how it's made, who prepared it. We want it to tell a story.

# SHARE OUR CULINARY STORY WITH 100% TRANSPARENCY

We use fresh, vibrant, responsibly-sourced ingredients to create exciting flavors from down the street and around the globe.

# STAY TRUE TO THE WAY WE SERVE OUR FOOD

World-class chefs, hospitality teams, and food enthusiasts are ready to create dishes and experiences that meet every need.

# GROW ROOTS IN YOUR COMMUNITY THROUGH FOOD

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We do more than serve the community, we become a part of it.

We are built on a food-first philosophy with a focus on authentic, personalized and collaborative food experiences.

MARY THORNTON - FOUNDER & PRESIDENT, HARVEST TABLE CULINARY GROUP.

collaborative

# what's inside

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# **OUALITY IS OUR COMMITMENT**

our chefs go beyond technique + flavor development. They stay true to the Harvest Table culinary commitments from sourcing to preparation.



SIMPLE, CLEAN **AND HONEST** 



**INGREDIENTS** WITH INTEGRITY



**COMMITTED TO** THE COMMUNITY



HAND MADE MAKES A DIFFERENCE



**ROOTED IN HEALTH AND WELLNESS** 

# **DIETARY INFORMATION**





made without gluten

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request. In the interest of public health, please be aware that consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have

WE ARE PROUD TO DO BUSINESS WITH THESE LOCAL VENDORS.





# all-day packages

All prices are per person + available for 12 guests or more. Includes appropriate accompaniments such as butter, jam, cream cheese.

# **ALL DAY DELICIOUS** \$49.99

### **DELICIOUS DAWN**

assorted muffins 

400-510 Cal each
assorted scones 

430-470 Cal each
430-470 Cal each
fresh seasonal sliced fruit 

40 Cal/2.5 oz. serving
assorted juice
110-170 Cal each
iced water
0 Cal each
gourmet coffee, decaf + hot water
with tea bags

#### **AM PERK UP**

granola bars ♥ 190 Cal each assorted individual yogurt cups ♥ 50-150 Cal each iced tea 5 Cal/8 oz. serving gourmet coffee, decaf + hot water with tea bags

## **POWER UP LUNCH**

tomato + cucumber couscous salad 120 Cal/3.75 oz. serving orange fennel spinach salad 210 Cal/3.2 oz. serving bakery fresh rolls 160 Cal each green beans gremolata 70 Cal/3 oz. serving three pepper cavatappi with pesto 310 Cal/7.5 oz. serving grilled chicken with a lemon 200 Cal/5.75 oz. serving tarragon white wine sauce new york cheesecake 440 Cal/slice iced tea 5 Cal/8 oz. serving iced water 0 Cal/8 oz. serving

# PM PICK ME UP

chilled spinach dip with 230 Cal/2.25 oz. serving tortilla chips ♥ grilled vegetable tray ● 70 Cal/3 oz. serving freshly baked brownies ♥ 250 Cal/2.25 oz. serving iced water 0 Cal each gourmet coffee, decaf + hot water with tea bags

# MEETING WRAP UP \$42.99

# **MORNING MINUTE**

muffins 

danish 

200-430 Cal each 
200-430 Cal each 
300-470 Cal each 
430-470 Cal each 
430-470 Cal each 
370-400 Cal each 
iced water 

gourmet coffee, decaf + hot water 

with tea bags

### THE ENERGIZER

donuts 

45-90 Cal each
ripe bananas 

110 Cal each
iced tea 
5 Cal/8 oz. serving
gourmet coffee, decaf + hot water 

with tea bags

45-90 Cal each
110 Cal each
0 Cal/8 oz. serving

## IT'S A WRAP

540 Cal each chicken caesar wrap greek salad wrap 430 Cal each cran-apple turkey wrap 650 Cal each 620 Cal each grilled vegetable wrap fresh seasonal sliced fruit. 40 Cal/2.5 oz. serving choice of one (1) salad: - traditional garden salad 50 Cal/3.5 oz. serving - grilled vegetable pasta salad 130 Cal/3 oz. serving individual bag of chips 100-160 Cal each assorted craveworthy cookies 250-310 Cal each freshly baked brownies 250 Cal/2.25 oz. serving iced tea 5 Cal/8 oz. serving iced water 0 Cal/8 oz. serving

# **MID-DAY MUNCHIES**

tortilla chips V 90 Cal/1 oz. serving choice of two (2) salsas: - salsa roja 20 Cal/1 oz. serving salsa verde 20 Cal/1 oz. serving - pico de gallo 10 Cal/1 oz. serving assorted fruit 50-110 Cal each assorted craveworthy cookies 250-310 Cal each iced water O Cal each gourmet coffee, decaf + hot water 0 Cal/8 oz. serving with tea bags

# all-day packages

all prices are per person + available for 12 guests or more. includes appropriate accompaniments such as butter, jam, cream cheese.

# SIMPLE PLEASURES \$33.99

### SIMPLE CONTINENTAL

assorted donuts ♥ 190-490 Cal each assorted bagels ♥ 170-360 Cal each orange juice 120 Cal/8 oz. serving iced water 0 Cal each gourmet coffee, decaf + hot water 0 Cal/8 oz. serving with tea bags

## **BOX LUNCH**

choice of one (1) sandwich:
-roast beef + cheddar on ciabatta
- ham + swiss ciabatta
- turkey + swiss ciabatta

- roasted pepper + mozzarella ciabatta ♥ 530 Cal each individual bag of chips ♥ 100-160 Cal each assorted craveworthy cookies ♥ 250-310 Cal each iced water 0 Cal each

# **MID-DAY MUNCHIES**

tortilla chips ♥ choice of two (2) salsas:
- salsa roja •

- salsa verde • - pico de gallo •

assorted fruit

assorted craveworthy cookies viced water

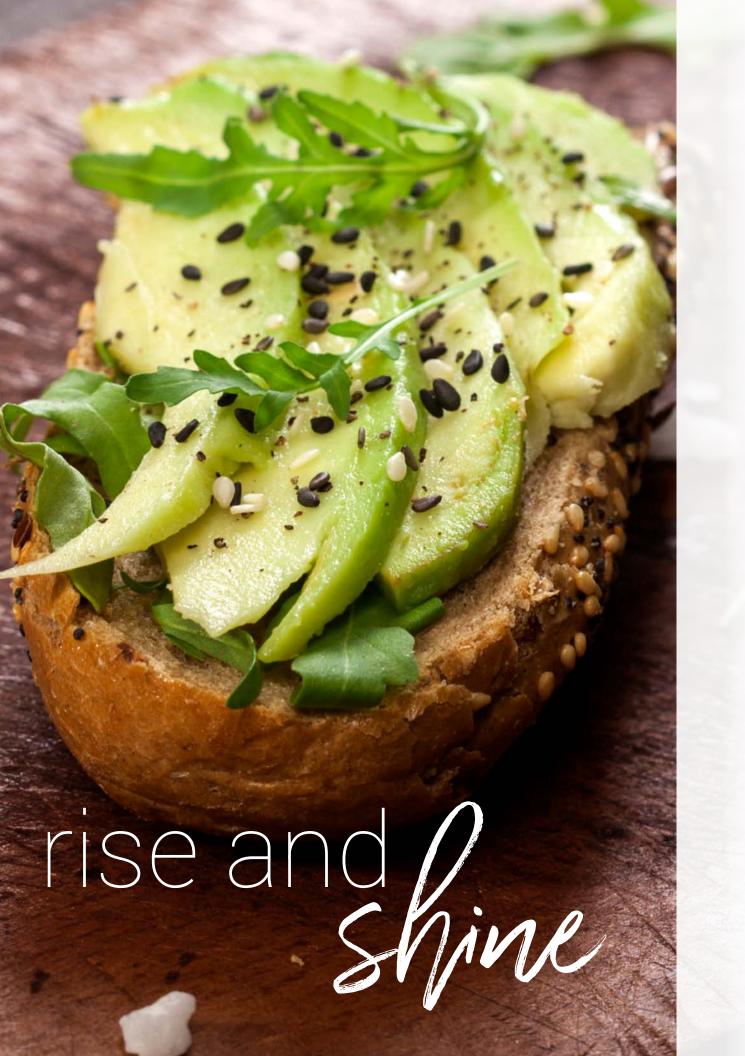
gourmet coffee, decaf + hot water with tea bags 90 Cal/1 oz. serving

420 Cal each

380 Cal each 490 Cal each

20 Cal/1 oz. serving 20 Cal/1 oz. serving 10 Cal/1 oz. serving 50-110 Cal each 250-310 Cal each 0 Cal each 0 Cal/8 oz. serving





# breakfast

all prices are per person + available for 12 guests or more. includes appropriate accompaniments such as butter, jam, cream cheese.

# CONTINENTAL

# CASUAL CONTINENTAL \$10.99 choice of one (1) break-

fast pastry: 1.5 pieces per person

- assorted muffins♥	400-510 Cal each
- assorted danish 👽	200-430 Cal each
fresh seasonal sliced fruit •	40 Cal/2.5 oz. serving
iced water	0 Cal/8 oz. serving
gourmet coffee, decaf + hot water	0 Cal/8 oz. serving
with tea hans	

# QUICK START \$12.99

choice of three (3) breakfast pastries: 3.5 pieces per person

choice of three (o) breakhast pastries. c	.o picoco pei persori
- assorted muffins 👽	400-510 Cal each
- assorted danish♥	200-430 Cal each
- assorted scones♥	430-470 Cal each
- assorted bagels $\overline{oldsymbol{v}}$	170-360 Cal each
fresh seasonal sliced fruit	40 Cal/2.5 oz. serving
choice of one (1) juice	
- orange juice	110 Cal/8 oz. serving
- apple juice	110 Cal/8 oz. serving
- cranberry juice	100 Cal/8 oz. serving
iced water	0 Cal each
gourmet coffee, decaf + hot water	0 Cal/8 oz. serving
with tea bags	

# **HEALTHY CHOICE BREAKFAST** \$12.89

individual cereal cups 👽 one (1) per person	140-260 Cal each
milk	120 Cal each
bananas•	110 Cal each
assorted individual yogurt cups ${}^{f y}$	50-150 Cal each
iced water	0 Cal/8 oz. serving
gourmet coffee, decaf + hot water	0 Cal/8 oz. serving
with tea bags	

# **BULLDOG BEGINNINGS** \$12.99

avocado toast - multigrain toast, arugula,	160 Cal each
mashed avocado, red pepper flakes	
+ tomato👽 (1 piece per person)	
fresh seasonal sliced fruit	40 Cal/2.5 oz. serving
assorted danish 👽	200-430 Cal each
iced water	0 Cal/8 oz. serving
gourmet coffee, decaf + hot water	0 Cal/8 oz. serving
with tea bags	

# À LA CARTE BREAKFAST

AMBIENT	
assorted muffins 🗸	400-510 Cal each
\$23.19 per dozen	
assorted bagels V	170-360 Cal each
\$23.19 per dozen	
assorted donuts♥	190-490 Cal each
\$21.19 per dozen	
cinnamon rolls V	260 Cal each
\$20.29 per dozen	
assorted scones♥	430-470 Cal each
\$23.19 per dozen	
blueberry banana breakfast bread (serve	es 12) 260 Cal each
\$17.29 each	
vegan zucchini bread with raisins + walr	
\$17.29 (serves 12)	260 Cal/ slice
cherry cobbler bread	290 Cal/slice
\$17.19 (serves 12)	
granola bars♥	190 Cal each
\$2.19 each	
assorted individual yogurt cups ♥ \$3.79 each	50-150 Cal each
overnight blueberry oatmeal (chilled) 🖤	220 Cal/8 oz. serving
\$5.59 per person	
overnight strawberry oatmeal (chilled) 🗸	320 Cal/8 oz. serving
\$5.59 per person	
hard-boiled eggs 👽	70 Cal each

## нот

\$1.69 per person

scrambled eggs V	180 Cal/4 oz. per person
\$2.49 per person	
bacon	45 Cal each
\$3.50 per person (2 pieces per pers	on)
sausage patty	120 Cal each
\$2.29 per person (2 pieces per pers	on)
potatoes o'brien V	150 Cal/4 oz. serving
\$1.99 per person	

# reakfast

400-510 Cal each

200-430 Cal each

430-470 Cal each

170-360 Cal each

50 Calleach

70 Cal/1 oz. serving

all prices are per person + available for 12 guests or more. includes appropriate accompaniments such as butter, jam, cream cheese.

# **WARM & TOASTY**

# **ULTIMATE BREAKFAST** \$18.99

choice of three (3) breakfast pastries

- assorted muffins V - assorted danish 👽 - assorted scones V - assorted bagels V

choice of one (1) breakfast potato

shredded hash browns

- potatoes o brien •

choice of one (1) bacon

(1) piece per person

- crispy bacon - substitute turkey bacon additional \$0.69 per person

choice of one (1) breakfast sausage

(1) piece per person

sausage patty 200 Cal each 70 Cal each substitute turkey sausage patty additional \$0.69 per person

Choice of one (1) frittata

- cheddar + onion 🖤 270 Cal/4.13 oz. serving eggs with golden brown hash brown potatoes, onion + cheddar

- western frittata 300 Cal/5.5 oz. serving eggs, potatoes, diced ham, peppers, onion + cheddar

- egg whites + vegetable frittata V 60 Cal/4 oz. serving cage-free egg whites with onions, peppers, zucchini + mushrooms

maple syrup V choice of one (1) juice

pancakes♥

with tea bags

110 Cal/8 oz. serving - orange juice - apple juice 110 Cal/8 oz. serving - cranberry juice 100 Cal/8 oz. serving iced water 0 Cal each gourmet coffee, decaf + hot water 0 Cal/8 oz. serving

fresh seasonal sliced fruit 40 Cal/2.5 oz. serving 150 Cal/3 oz. serving - tator tots 280 Cal/4 oz. serving 150 Cal/ 4 oz. serving 45 Cal each - bacon 45 Cal each 30 Cal each

**AMERICAN BREAKFAST** \$15.29

choice of one (1) breakfast pastry assorted muffins 400-510 Cal each assorted danish 200-430 Cal each assorted scones 430-470 Cal each - assorted bagels V 170-360 Cal each 180 Cal/4 oz. serving

scrambled cage-free eggs 🕏 choice of one (1) breakfast potato

- shredded hash browns 150 Cal/3 oz. serving - tator tots 280 Cal/4 oz. serving - potatoes o brien • 150 Cal/ 4 oz. serving

choice of one (1) bacon

(1) piece per person

45 Cal each - bacon 5 Cal each - crispy bacon - substitute turkey bacon 30 Cal each additional \$0.69 per person

choice of one (1) breakfast sausage

(1) piece per person

- sausage patty 200 Cal each substitute turkey sausage patty 70 Cal each

additional \$0.69 per person

0 Cal each iced water gourmet coffee, decaf + hot water 0 Cal/8 oz. serving with tea bags

### ADDITIONS + SUBSTITUTIONS

substitute egg whites (per person) \$1.99 50 Cal/ 3.5 oz. add cheddar cheese to eggs \$2.29 230 Cal/2 oz. serving





# breakfast

all prices are per person + available for 12 guests or more. includes appropriate accompaniments such as butter, jam, cream cheese.

# **HOT CAKES BUFFET** \$15.29

choice		

- orange cinnamon french toast 👽	265 Cal/3 slices
- pancakes V	160 Cal/3 pancakes
- belgian waffles♥	265 Cal each
maple syrup V	70 Cal/1 oz. serving
butter 🔨	110 Cal/ 1 oz. serving
scrambled eggs V	180 Cal/4 oz. serving
-substitute egg whites additional \$0.99 per person	50 Cal/3.5 oz serving
choice of one (1) bacon	
(2) piece per person	
- bacon	45 Cal each
- crispy bacon	45 Cal each
- substitute turkey bacon additional \$0.49 per person	30 Cal each
choice of one (1) breakfast potato	
- potatoes o'brien 🖲	150 Cal/ 4 oz. serving
- shredded hash browns 🖲	150 Cal/3 oz. serving
- tator tots •	150 Cal each
choice of one (1) breakfast sausage	
(1) piece per person	
- sausage patty	200 Cal each
<ul> <li>substitute turkey sausage patty additional \$0.69 per person</li> </ul>	70 Cal each
iced water	0 Cal each
gourmet coffee, decaf + hot water with tea bags	0 Cal/8 oz. serving

# **SOUTHERN SUNRISE BREAKFAST BUFFET** \$15.29

biscuits + gravy	590 Cal/7 oz. serving
scrambled eggs  -substitute egg whites  additional \$0.99 per person	180 Cal/4 oz. serving 50 Cal/3.5 oz serving
country ham	60 Cal/slice
potatoes o'brien •	150 Cal/4 oz. serving
sliced seasonal fruit •	40 Cal/2.5 oz. serving
iced water	0 Cal each
gourmet coffee, decaf + hot water with tea hags	0 Cal/8 oz. serving

# **SUNRISE SANDWICHES BUFFET** \$17.99

SUNNISE SANDWICHES BUI	FFE 1 \$11.95	
seasonal sliced fruit	40 Cal/	2.5 oz. serving
choice of two (2) sandwiches - 1 pe - fried egg + american cheese or english muffin ♥		260 Cal each
- fried egg + cheddar cheese on warm croissant ♥		270 Cal each
<ul> <li>sausage patty, fried egg + amer cheese on fluffy biscuit</li> </ul>	rican	520 Cal each
- ham, egg + cheese biscuit		450 Cal each
<ul> <li>crisp bacon, fried egg + chedda on plain bagel</li> </ul>	r cheese	370 Cal each
- sausage + maple sriracha sauc toasted southern biscuit - per p		370 Cal each
<ul> <li>home style breaded chicken str sriracha sauce on toasted sout</li> </ul>		640 Cal each
-substitute egg whites additional \$0.99 per person	50 Cal	3.5 oz serving
choice of one (1) breakfast potato		
- shredded hash browns	150 Ca	I/3 oz. serving
- tator tots •	280 Cal/4 oz	. serving each
- potatoes o'brien •	150 Cal	/ 4 oz. serving
iced water	0 Cal	/ 8 oz. serving
gourmet coffee, decaf + hot water with tea bags	0 Ca	I/8 oz. serving
LATIN BREAKFAST \$15.29		
strawberry melon salad	40 Ca	I/3 oz. serving
spicy cheddar grits with roasted red peppers V	120 Cal/-	4.2 oz. serving

- grilled vegetarian quesadilla Substitute or add to buffet for \$	2.99
choice of one (1) juice	
- orange juice	110 Cal/8 oz. serving
- apple juice	110 Cal/8 oz. serving
- cranberry juice	100 Cal/8 oz. serving
Iced Water	0 Cal/8 oz. serving
gourmet coffee, decaf + hot water with tea hags	0 Cal/8 oz. serving

choice of one (1) breakfast meat

- chorizo breakfast quesadilla

(1) piece per person - bacon

- sausage patty
choice of one (1) entree
- chilaquiles rojo with eggs

45 Cal each 200 Cal each

700 Cal each

340 Cal/7 oz. serving

# breakfast

all prices are per person + available for 12 guests or more. includes appropriate accompaniments such as butter, jam, cream cheese.

# **ENHANCEMENTS**

# **YOGURT PARFAIT BAR** \$9.49

choice of two (2) greek yogurt flavors:

- plain ♥
- strawberry ♥
- vanilla ♥
included:
- diced pineapple •
- fresh strawberries •

110 Cal/4 oz. serving 30 Cal/2 oz. serving 20 Cal/2 oz. serving 90 Cal/0.5 oz. serving

110 Cal/1 oz. serving

70 Cal/4 oz. serving

100 Cal/4 oz. serving

OATMEAL BAR \$6.69

- walnuts

- cranola

oatmeal V
dried cranberries 
raisins 
walnuts 
maple syrup V

150 Cal/8 oz. serving 20 Cal/0.5 oz. serving 40 Cal/0.5 oz. serving 90 Cal/0.5 oz. serving 70 Cal/1 oz. serving

# HAND WRAPPED BREAKFAST BURRITOS (1) per person

choice of

 meat lovers breakfast burrito: scrambled eggs, 810 Cal each bacon, sausage, ham, cheddar cheese + tater tots in a warm tortilla

\$7.19

pico breakfast burrito: scrambled eggs, cheddar, tater tots, + pico de gallo in a warm flour tortilla •

\$6.19

 florentine breakfast burrito: scrambled eggs, mushroom, roasted peppers, spinach, cheddar cheese + tater tots in a warm flour tortilla ♥

\$6.19

# **SENSIBLE SANDWICH** \$7.99

choice of two (2) healthy breakfast sandwiches - 1 per person - spinach + feta baquette breakfast 230 Cal each

- spinach + feta baguette breakfast sandwich  ${f v}$ 

280 Cal each

- turkey sausage + cage-free egg white pita bread breakfast sandwich

280 Cal each

 pita bread, filled with fluffy scrambled eggs, turkey bacon, fresh sliced avocado, black bean salsa + cilantro

 fluffy scrambled eggs with red + green bell peppers, green onion, garlic, swiss, parmesan + basil on wheat english muffin

220 Cal each

- southwest garden vegetable, ham + cage-free egg on a wheat english muffin

220 Cal each

- turkey sausage, bell peppers, onion, swiss, salsa + cage-free egg on wheat english muffin





# Sandwiches & Sandwiches & Sandwiches & Salads

590 Calleach

200 Cal each

430 Cal each

# **BOXED LUNCHES**

# **DELI BAG** \$12.29

individual bag of chips	100-160 Cal each
whole fruit	50-110 cal each
bottle water	0 cal each
choice of one (1) sandwich	
- ham, swiss + lettuce	480 Cal each
- roast beef + cheddar with lettuce	
on sourdough	460 Cal each
- turkey + swiss with lettuce	490 Cal each
- grilled veggie + cheese♥	570 Cal each
- tuna salad sandwich	540 cal each
- chicken salad sandwich	510 Cal each

# PREMIUM BOXED SALADS

salmon caesar salad \$21.99

caesar salad with grilled salmon, shredded parmesan cheese + seasoned croutons bakery fresh roll 160 Cal each fresh fruit cup 140 Cal/2.5 oz. serving lemon cheesecake bar 300 Cal/2.75 oz. serving bottle water 0 Cal each

steakhouse chop salad \$20.99 grilled beef steak tossed with blue cheese, vegetables + romaine tossed with dijon vinaigrette

bakery fresh roll 160 Cal each fresh fruit cup 140 Cal/2.5 oz. serving lemon cheesecake bar 300 Cal/2.75 oz. serving bottle water 0 Cal each

asian chicken salad \$20.39 grilled chicken, romaine, Vegetables, orange + almonds tossed with a sweet + spicy sesame dressing

bakery fresh roll V 160 Cal each fresh fruit cup 40 Cal/2.5 oz. serving lemon cheesecake bar V 300 Cal/2.75 oz. serving bottle water 0 Cal each

# **CLASSIC BOX LUNCH \$15.99**

individual bag of chips V	100-160 Cal each
assorted craveworthy cookies V	250-310 Cal each
bottle water	0 Cal each
classic sandwich selections	
<ul> <li>greek salad wrap with crumbled feta, blacolives, fresh cucumbers, plum tomatoes</li> <li>+ red onion ♥</li> </ul>	ck 430 Cal each
- roast beef with tarragon horseradish	450 Cal each

spread on wheatberry bread

- turkey breast with mesclun greens +
sage cream cheese on ciabatta
honey mustard ham + swiss cheese

honey mustard ham + swiss cheese with lettuce + pickles on a sub roll

- mediterranean chicken ciabatta 550 Cal each

- tuna salad ciabatta with fresh romaine + sliced tomatoes

- roasted chickpea gyro with lettuce, cucumbers, red onion + feta cheese spread on pita bread

- chicken caesar wrap

410 Cal each 630 Cal each

540 Cal each

# Sandwiches & Sandwiches & Salads all prices are per person + available for 12 guests or more. includes appropriate accompaniments. Salads

# **SANDWICH BUFFETS**

# **CLASSIC SANDWICH BUFFET \$19.99**

choice of two (2) side salads
dill pickle slices •
individual bags of chips •
choice of three (3) classic
selection sandwiches
assorted craveworthy cookies •
choice of two (2) beverages:

- lemonade
- iced tea
- iced water

200-330 Cal each 0 Cal/1 oz. serving 100-160 Cal each

140-750 Cal each 250-310 Cal each

90 Cal/8 oz. serving 5 Cal/8 oz. serving 0 Cal/8 oz. serving

## **CLASSIC SANDWICH + WRAP OPTIONS**

honey mustard ham + swiss ciabatta with baked ham, swiss cheese, apple honey mustard, lettuce, tomato + onion

 - bavarian ham + swiss on a pretzel roll with bavarian cole slaw + whole grain mustard
 480 Cal each whole grain

roast beef + cheddar
 tomato + lettuce on whole wheat bread
 + horseradish cream

420 Cal each

turkey, bacon + cheddar baguette
 with lettuce, tomato, caramelized onions
 + mesquite mayonnaise

 - turkey cobb wrap - turkey, bacon, hard boiled 700 Cal each egg, lettuce, tomato, blue cheese + avocado mayo in a tortilla wrap

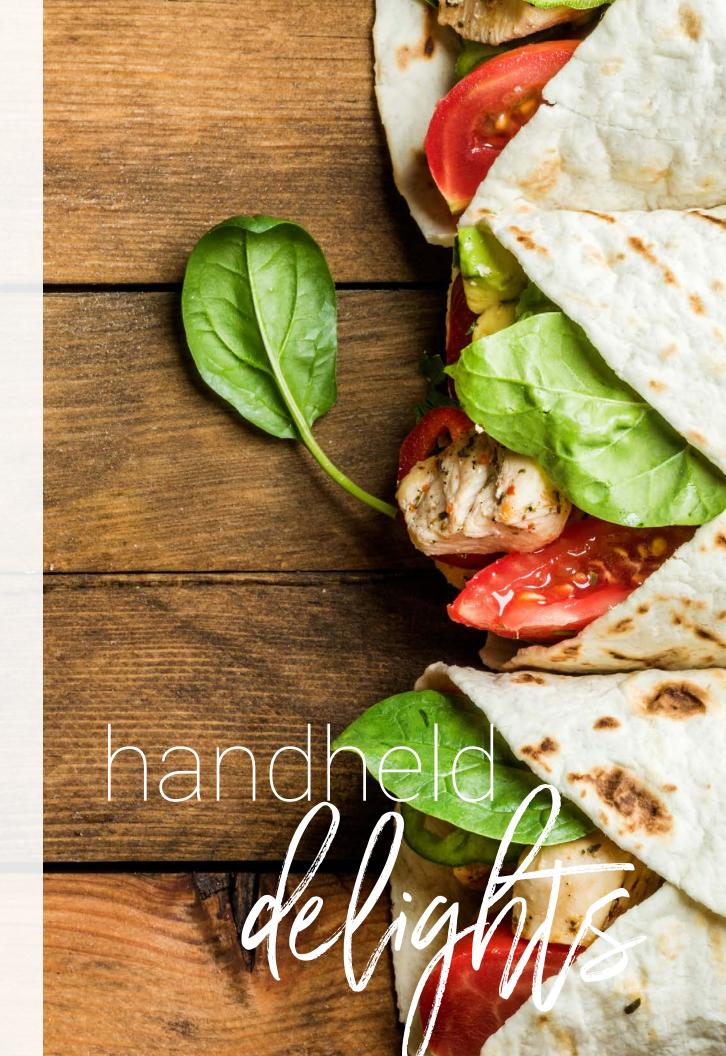
 pastrami reuben-thinly sliced pastrami with 440 Cal each creamy coleslaw + thousand island dressing on rye bread

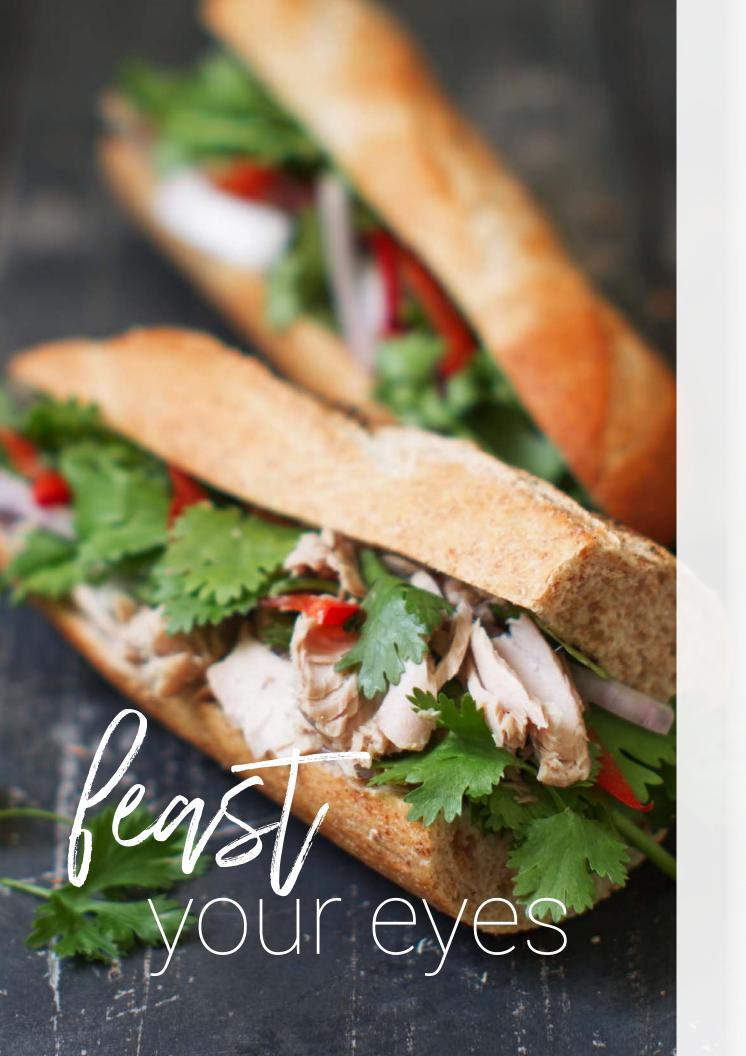
- chicken caesar + asiago bruschetta 600 Cal each baguette - grilled chicken, tomato-basil topping, asiago + lettuce on a baguette with caesar dressing

 very veggie submarine sandwich - 460 Cal each grilled mushrooms, provolone, cheddar, olives, peppers + honey dijon on a white roll ♥

 greek salad wrap: traditional greek tomato, cucumber, red onion + feta salad in a flour tortilla spread with lemon feta spread

grilled vegetable wrap - grilled vegetables
 (carrots, onions, zucchini, red + green peppers tossed with a balsamic vinaigrette), provolone, tomato, lettuce + pesto mayo with pine nuts in a tortilla wrap





# Sandwiches & Sandwiches & Salads all prices are per person + available for 12 guests or more. includes appropriate accompaniments. includes appropriate accompaniments.

# SANDWICH BUFFETS

## THE EXECUTIVE LUNCHEON \$23.49

choice of two (2) side salads	25-330 Cal each
dill pickle slices •	0 Cal/1 oz. serving
individual bags of chips 👽	100-160 Cal each
choice of three (3) executive	
luncheon sandwiches	370-760 Cal each
assorted craveworthy cookies $^{f v}$	250-310 Cal each
choice of two (2) beverages:	
- lemonade	90 Cal/8 oz. serving
- iced tea	5 Cal/8 oz. serving
- iced water	0 Cal/8 oz. serving

# SIDE SALADS

these side salads are available for the deli express, class sandwich buffets + executive luncheon

- greek pasta salad with penne pasta, fresh vegetables, feta + black olives tossed with an herb vinaigrette	85 Cal/3 oz. serving
- roasted sweet potato salad with green chiles, scallions, celery, red	120 Cal/4 oz. serving

240 Cal/4 oz. serving

60 Cal/2.15 oz. serving

spicy caribbean jerk seasoning - red-skinned potato salad with egg, celery + spanish onion\_in a seasoned

peppers + fresh cilantro tossed in

- mayonnaise dressing V - traditional garden salad with a 50 Cal/3.5 oz. serving
- balsamic vinaigrette dressing - asian slaw with red peppers, carrots, 70 Cal / per 3 oz. serving scallions, minced fresh mint + cilantro
- in a sesame teriyaki dressing ۹ - chickpea salad with fresh cucumbers, 130 Cal/3.5 oz. serving red onions, green + red peppers, celery + garlic with a hot pepper sauce + lemon seasoning
- spinach salad with bacon, egg, mushroom, tomato + balsamic vinaigrette
- homestyle macaroni salad elbow 280 Cal/3.5 oz. serving macaroni, celery, bell pepper, green onion, + egg in a creamy mayonnaise dressing
- caesar salad romaine lettuce tossed 240 Cal/3.5 oz. serving with croutons, parmesan + creamy caesar dressing
- mexican black bean salad black beans, 130 Cal/3 oz. serving tomatoes, cucumbers, red onions + jalapenos in a tex-mex vinaigrette•

# THE EXECUTIVE SELECTIONS

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UNCHEON SANDWICHES	
hoice of three (3):	
ham + brie with fresh pear, spinach +     caramelized onions with dijon mayonnaise     on wheatberry bread	700 Cal each
- roast pork with red cabbage slaw sub mini hoagie roll topped with lettuce, chilled roast pork, apple coleslaw + horseradish honey mustard	410 Cal each
- southwest smoked turkey ciabatta with pepper jack, baby spinach, tomato, black bean spread + chipotle mayo on rustic roll	500 Cal each
- tuna + apple salad ciabatta creamy tuna salad with apples, arugula + tomato	370 Cal each
- spicy salmon lavash grilled salmon, jalapeno coleslaw, arugula, tomato + remoulade in a lavash wrap	620 Cal each
- roast beef, swiss + mushroom sub with bistro sauce	440 Cal each
- roast beef, provolone, artichoke relish + pesto mayo baguette with baby spinach	690 Cal each
- tarragon chicken salad wrap with chive cream cheese, lettuce + tomatoes in tortilla wrap	590 Cal each

- grilled herbed chicken + asiago with garlic 490 Cal each mayonnaise sub-grilled herbed chicken, asiago, lettuce, tomato + onion with garlic mayonnaise 560 Cal each
- italian sub- salami, capicola, pepperoni, provolone, lettuce, tomato, onion, banana pepper + herbal honey dijon on a white roll
- turkey, ham + ranch club swiss, tomato + lettuce on wheat berry bread with dijon ranch dressing
- deli style turkey, ham + mozzarella baguette with tomato, onion + pesto mayo
- garden vegetables boursin ciabatta boursin with garden vegetables (tomato, onion, cucumber, carrot) with aged provolone + roasted garlic on ciabatta 💎
- sliced portobello mushroom with augula + olive pesto spread on a french baguette •

570 Cal each

580 Cal each

640 Cal each

# Sandwiches & Sandwiches & Sandwiches & Salads

# SALADS

<b>BUILD YOUR OWN SALAD BUFFET</b> \$21.99		
assorted rolls with butter   iced water   iced tea   coffee, decaf, hot water with tea bags	160 Cal each 0 Cal/8 oz. serving 5 Cal/8 oz. serving 0 Cal/8 oz. serving	
GREENS choice of two (2)		
- romaine • - mixed greens • - baby spinach • - iceberg • - icebe	10 Cal/8 oz. serving 10 Cal/8 oz. serving 10 Cal/8 oz. serving 10 Cal/8 oz. serving	
PROTEIN		
choice of two (2)  - grilled chicken breasts  - sliced ham  - quinoa •  - crumbled bacon  - roasted tofu •	80 Cal/2 oz. serving 70 Cal/2 oz. serving 110 Cal/2 oz. serving 70 Cal/2 oz. serving 70 Cal/2 oz. serving	
TOPPINGS		
choice of four (4)  - shredded carrots - sliced cucumbers - edamame - diced tomatoes - broccoli florets - sliced red onions - garbanzo beans - black beans - diced apples - craisins - shredded cheese - crumbled blue cheese	10 Cal/1 oz. serving 5 Cal/1 oz. serving 70 Cal/1 oz. serving 10 Cal/1 oz. serving 10 Cal/1 oz. serving 5 Cal/1 oz. serving 50 Cal/1 oz. serving 100 Cal/1 oz. serving 20 Cal/1 oz. serving 15 Cal/1 oz. serving 50 Cal/1 oz. serving 50 Cal/1 oz. serving 70 Cal/1 oz. serving 70 Cal/1 oz. serving	
CRUNCH		

choice of one (1)

rioloc of othe (1)	
- home-style croutons 👽	120 Cal/1 oz. serving
- tortilla strips•	140 Cal/1 oz. serving
- crispy onions 🔨	45 Cal/1 oz. serving
- pepitas 👽	80 Cal/1 oz. serving
- wonton strips V	35 Cal/1 oz. serving

## **DRESSING**

choice of two (2)

- ranch dressing 👽	130 Cal/1 oz. serving
- balsamic vinaigrette 🖲	25 Cal/1 oz. serving
- creamy caesar dressing	80 Cal/1 oz. serving
- honey dijon vinaigrette 👽	130 Cal/1 oz. serving
- southwest vinaigrette 👽	70 Cal/1 oz. serving
- cranberry honey vinaigrette 👽	25 Cal/1 oz. serving
- blue cheese dressing♥	130 Cal/1 oz. serving
- greek vinaigrette	100 Cal/1 oz. serving

## **FRITTATA**

choice of one (1):

- cheddar + onion 🗸	270 Cal/4.13 oz. serving
eggs with golden brown hash brown	
potatoes, onion + cheddar	
- western frittata	300 Cal/5.5 oz. serving
eggs, potatoes, diced ham,	
peppers, onion + cheddar	
- egg whites + vegetable frittata 👽	60 Cal/4 oz. serving
cage-free egg whites with onions, peppe	ers,
zucchini + mushrooms	

### **PREMIUM OPTIONS**

additional costs per person as listed	
avocado•	40 Cal/1 oz. serving
\$1.69	
grilled flank steak	45 Cal/1 oz. serving
\$2.79	
grilled shrimp	40 Cal/1 oz. serving
\$2.29	
gardein chicken cutlets •	60 Cal/1 oz. serving
\$2.49	

# **DESSERT**

choice of one (1):

riolec of one (1).	
- s'more bar 🔍	250 Cal/2.25 oz. serving
- raspberry coconut almond	300-370 Cal/ 2.75-3.25 oz. serving
bar♥	
- citrus cheesecakes bar♥	80-100 Cal each
- dulce de leche brownie 👽	220 Cal/2.25 oz. serving
- key lime bar♥	260 Cal/3.0 oz. serving





all prices are per person + available for 12 guests or more includes appropriate accompaniments + choice of beverages

# THEMED EVENTS

# LAZY SUMMER BBQ \$26.99

coleslaw 150 Cal/3 oz. serving cornbread fiesta muffins 120 Cal each macaroni + cheese V 260 Cal/4 oz. serving baked beans 170 Cal/4.75 oz. serving bba chicken 430 Cal/6 oz. serving grilled tri-tip 350 Cal/5 oz. serving assorted craveworthy cookies 250-310 Cal each gourmet dessert bars♥ 300-370 Cal/2.75-3.25 oz. serving choice of two (2) beverages:

- lemonade 90 Cal/8 oz. serving
- iced tea 5 Cal/8 oz. serving
- iced water 0 Cal/8 oz. serving

**VEGAN OPTION** (substitute or add to buffet for \$3.49 per person) grilled vegetable skewers 50 Cal/5 oz. serving mushroom, bell peppers, zucchini, yellow squash + red onions

## **TASTY TEX MEX** \$24.19

tortilla chips ♥ 90 Cal/1 oz. serving mexican rice ● 130 Cal/3 oz. serving charro beans ♥ 90 Cal/3 oz. serving choice of one (1) fajitas

noice of one (1) fajitas
- beef fajitas with tortillas, shredded 590 Cal/5 oz. serving cheddar + sour cream

- chicken fajitas with tortillas, shredded 590 Cal/5 oz. serving cheddar + sour cream

both beef + chicken is an additional \$2.49 per person

choice of two (2) salsas:

- pico de gallo 

- pico de gallo 

- salsa verde 

- salsa roja 

- sals

- lemonade 90 Cal/8 oz. serving
- iced tea 5 Cal/8 oz. serving
- iced water 0 Cal/8 oz. serving

# **DESSERT SUBSTITUTE** additional \$1.99 per person

tres leche parfait 700 Cal/ 6.7 oz. serving decadent layers of yellow cake, three milk filling, cookies crumbles + toasted coconut  ${\bf v}$ 

## LATIN FLAVORS \$24.19

mayigan ahannad galad	60 Cal/ 3.6 oz. serving
mexican chopped salad	113 C (1) YO E A CO CERTIFICATION AND AND AND AND AND AND AND AND AND AN
corn tortillas	110 Cal each
cilantro lime rice •	120 Cal/3 oz. serving
cumin black beans	110 Cal/3 oz. serving
chipotle orange roasted chicken	440 Cal/6 oz. serving
carne asada con papas ranchero	180 Cal/6 oz. serving
sopapillas	20 Cal each
choice of two (2) beverages:	
- lemonade	90 Cal/8 oz. serving
- iced tea	5 Cal/8 oz. serving
- iced water	0 Cal/8 oz. serving

**VEGAN OPTION** (substitute or add for \$3.99 per person) vegan gardein picadillo 120 Cal/4.29 oz. serving

DESSERT SUBSTITUTE additional \$7.99 per person
tres leche parfait 700 Cal/ 6.7 oz. serving
decadent layers of yellow cake, three milk
filling, cookies crumbles + toasted coconut

✓

### MEDI FATS BUFFETS \$24.89

- iced water

WIEDI EATS BUFFETS \$24.09	
falafel	60 Cal each
tzatziki♥	15 Cal/1 oz. serving
couscous salad	120 Cal/3.5 oz. serving
white pita flatbread 👽	250 Cal each
whole wheat pita flatbread 👽	250 Cal each
roasted eggplant	100 Cal/3 oz. serving
sautéed garlic spinach •	60 Cal/3.25 oz. serving
choice of one (1) entrée:	
- chicken souvlaki	210 Cal each
- baked paprikash chicken	200 Cal/6 oz. serving
- beef kofta	110 Cal each
- grilled chicken breast *additional \$2.99	160 Cal/3 oz. serving
cinnamon custard 👽	110 Cal/2.75 oz. serving
choice of two (2) beverages:	
- lemonade	90 Cal/8 oz. serving
- iced tea	5 Cal/8 oz. serving

**VEGAN OPTION** (substitute or add for \$3.99 per person) vegan chicken tagine 

140 Cal/4 oz. serving

0 Cal/8 oz. serving

all prices are per person + available for 12 guests or more includes appropriate accompaniments + choice of beverages

# THEMED EVENTS

### **POWER LUNCH** \$22.59

grilled flatbread 110 Cal each seasonal fresh fruit 40 Cal/2.25 oz. serving choice of three (3) salad platters:
(all items served cold, request to have salad protein on the side)
- southwest chicken with greens, 440 Cal/13.875 oz. serving corn, black beans + vegetables

tossed with a hearty grain blend
- chickpea couscous with shawarma
beef, tomato + cucumber herb
salad + a touch of spicy harissa

- grilled salmon with bulgur wheat, 520 Cal/11.125 oz. serving lentils + hummus in a roasted garlic lemon vinaigrette garnished with carrot

sesame hummus + pea mint salad - chilled lo mein noodles topped with grilled chicken breast + veggies in

470 Cal/11.88 oz. serving

a spicy thai lime sriracha dressing - rice noodles + greens topped with

230 Cal/6 oz. serving

nam tok pork, stir-fried vegetables, chopped peanuts + a spicy sweet chili vinaigrette

peanuts + a spicy sweet chill vinalgrette

vegan aquafaba chocolate mousse 

230 Cal/2.75 oz. serving choice of two (2) beverages:

noice of two (2) - lemonade 90 Cal/8 oz. serving

iced teaiced water

5 Cal/8 oz. serving 0 Cal/8 oz. serving

# **NOODLE BAR BASICS** \$21.59

mesclun salad with sliced oranges,
kalamata olives + red onion with
balsamic dressing •
garlic breadsticks •
110 Cal each
choice of one (1) pasta:

- cavatappi noodles ♥ 180 Cal/4 oz. serving
- fettuccine noodles ♥ 240 Cal/5.5 oz. serving
- made without gluten penne ♥ € 230 Cal/4 oz. serving
choice of two (2) proteins:

- grilled herbed chicken
- grilled italian sausage
- all beef meatballs
- eggplant meatballs

(200 Cal/3 oz. serving
200 Cal/3 oz. serving
200 Cal/3 oz. serving
200 Cal/3 oz. serving

- marinara sauce 
110 Cal/4 oz. serving
- pesto sauce 
160 Cal/4 oz. serving
- alfredo sauce 
240 Cal/4 oz. serving
- hearty meat sauce 
130 Cal/4 oz. serving
seasonal vegetables 
50-110 Cal/4 oz. serving
seasonal vegetables 
250-310 Cal each bakery-fresh brownies 
250 Cal/2.25 oz. serving

choice of two (2) beverages:

- lemonade 90 Cal/8 oz. serving

- iced tea 5 Cal/8 oz. serving

- iced water 0 Cal/8 oz. serving

# LOOKING TO CREATE YOUR OWN THEMED BUFFET OR UNIQUE CUSTOM BUFFET?

contact us at redlandscatering@harvesttableculinary.com / 909.748.8959 to explore more options + personalize your buffet to fit your event.

Don't forget to check out our website to see more create your own theme buffets. https://harvesttablecateringredlands.catertrax.com





all prices are per person + available for 12 guests or more includes appropriate accompaniments + choice of beverages

# **THEMED EVENTS**

# **NORTHERN ITALIAN BUFFET** \$26.99

mediterranean salad	120 Cal/3.25 oz. serving
with italian vinaigrette ${f v}$	
rosemary focaccia bread 👽	200 Cal/2.75 oz. serving
roasted mushrooms, peppers + corn 🕦	90 Cal/3 oz. serving
lemon rosemary chicken	130 Cal/3 oz. serving
vermicelli shrimp scampi	250 Cal/3 oz. serving
berry panna cotta 👽	330 Cal/5 oz. serving
choice of two (2) beverages:	
- lemonade	90 Cal/8 oz. serving
- iced tea	5 Cal/8 oz. serving
- iced water	0 Cal/8 oz. serving

**VEGETARIAN OPTION** (substitute or add for \$3.49 per person)
Eggplant Parmesan 360 Cal/8.25 oz. serving

baby spinach salad with bacon 60 Cal/2.15 oz. serving

# **HEARTLAND BUFFET** \$21.59

bakery fresh rolls 🕏	160 Cal each
roasted new potatoes •	110 Cal/2.75 oz. serving
fresh herbed vegetables	100 Cal/3.5 oz. serving
grilled lemon rosemary chicken	130 Cal/3 oz. serving
oreo blondies 👽	270 Cal/1.75 oz. serving
choice of two (2) beverages:	
- lemonade	90 Cal/8 oz. serving
- iced tea	5 Cal/8 oz. serving
- iced water	0 Cal/8 oz. serving

**VEGAN OPTION** (substitute or add for \$3.49 per person)
panko crusted gardein chicken 

240 Cal/4 oz. serving

## YUCATAN BOWL \$23.99

romaine lettuce salad	0 Cal/0.25 oz. serving
avocado ranch dressing V	80 Cal/1 oz. serving
house-made tortilla chips •	114 Cal/1 oz. serving
choice of one (1) rice:	
- cilantro lime white rice	120 Cal/3 oz. serving
- cilantro lime brown rice •	140 Cal/3.5 oz. serving
charro beans♥	90 Cal/3 oz. serving
braised chicken	180 Cal/3 oz. serving
braised beef	160 Cal/3 oz. serving
roasted portobello mushrooms	20 Cal/2.25 oz. serving
guacamole•	40 Cal/1.33 oz. serving
choice of two (2) salsas:	
- pico de gallo ♥	10 Cal/1 oz. serving
- salsa verde♥	10 Cal/1 oz. serving
- salsa roja♥	20 Cal/1 oz. serving
dulce de leche brownie♥	220 Cal/2.25 oz. serving
choice of two (2) beverages:	
- lemonade	90 Cal/8 oz. serving
- iced tea	5 Cal/8 oz. serving
- iced water	0 Cal/8 oz. serving

# **DESSERT SUBSTITUTE** additional \$1.99 per person

tres leche parfait 700 Cal/ 6.7 oz. serving decadent layers of yellow cake, three milk filling, cookies crumbles + toasted coconut ♥

# **PASTA TRIO BUFFET** \$21.59

caesar salad	160 Cal/2.7 oz. serving
garlic breadsticks 👽	110 Cal each
cheese manicotti marinara♥	140 Cal/3.25 oz. serving
vegetable alfredo♥	230 Cal/5.5 oz. serving
rigatoni + meatballs	310 Cal/7.5 oz. serving
lemon cheesecake bars 👽	300 Cal/2.75 oz. serving
choice of two (2) beverages:	
- lemonade	90 Cal/8 oz. serving
- iced tea	5 Cal/8 oz. serving
- iced water	0 Cal/8 oz. serving
add on grilled chicken breast additional fee \$2.99 per person	160 Cal/3 oz. serving

all prices are per person + available for 12 guests or more includes appropriate accompaniments + choice of beverages

# THEMED EVENTS

# **ALL-AMERICAN PICNIC** \$20.99

traditional potato salad fresh country coleslaw home-style kettle chips hot dogs with buns choice of one (1)

grilled all beef hamburgers with buns
black bean burgers with buns ♥

garnish tray (lettuce, onions, pickles tomatoes + cheese) assorted craveworthy cookies

bakery-fresh brownies vehoice of two (2) beverages:

- lemonade

- iced tea

- iced water

## TACO DEL SEOUL \$24.59

egg rolls ♥ choice of two (2) dipping sauces:

- sweet soy sauce ♥
- sweet + sour sauce ♥

- chili garlic sauce ♥

choice of one (1)

- corn tortillas

- flour tortillas

- bibb lettuce wrap

- jasmine rice 🖤

choice of two (2) proteins:

- korean bbg chicken

- korean bbg pork

- korean bbq tofu♥

asian slaw • pickled cucumbers •

pickled carrot + daikon • choice of two (2) salsas:

- salsa roja

- salsa verde

- mango salsa

shredded green cabbage

scallions • cilantro •

toasted sesame seeds

chopped peanuts occonut mango rice dessert choice of two (2) beverages:

- lemonade

- iced tea

- iced water

240 Cal/4 oz. serving 170 Cal/3.5 oz. serving 240 Cal/1.25 oz. serving 310 Cal each

330 Cal each 200 Cal each 0-10 Cal/1 oz. serving

250-310 Cal each 250 Cal/2.25 oz. serving

> 90 Cal/8 oz. serving 5 Cal/8 oz. serving 0 Cal/8 oz. serving

> > 190 Cal each

50 Cal/1 oz. serving 40 Cal/1 oz. serving 45 Cal/1 oz. serving

40 Cal each 150 Cal each 0 Cal/0.5 oz. serving 130 Cal/3 oz. serving

140 Cal/2 oz. serving 110 Cal/2 oz. serving 90 Cal/2 oz. serving 20 Cal/1.25 oz. serving 5 Cal/1 oz. serving 15 Cal/1 oz. serving

20 Cal/1 oz. serving 10 Cal/1 oz. serving 30 Cal/1 oz. serving 0 Cal/0.5 oz. serving 0 Cal/0.25 oz. serving 0 Cal/0.125 oz. serving 30 Cal/0.125 oz. serving 40 Cal/0.25 oz. serving 230 Cal/5.85 oz. serving

> 90 Cal/8 oz. serving 5 Cal/8 oz. serving 0 Cal/8 oz. serving

# **TROPICAL TRADEWINDS** \$23.89

roasted potato salad 120 Cal/4 oz. serving tropical peanut coleslaw 200 Cal/3.77 oz. serving fried plantains 150 Cal/1.5 oz. serving pineapple fried rice • 120 Cal/3 oz. serving traditional veggie stir-fry 40 Cal/2.75 oz. serving choice of two (2) tropical entrees: teriyaki chicken 280 Cal/7.86 oz. serving mahi mahi with pineapple salsa 210 Cal/7.75 oz. serving 270 Cal/3 oz. serving kahlua pork choice of two (2) beverages: 90 Cal/8 oz. serving - lemonade - iced tea 5 Cal/8 oz. serving - iced water 0 Cal/8 oz. serving miniature pineapple upside-down parfaits 220 Cal each

**VEGAN OPTION** (substitute or add to buffet for \$3.49 per person) teriyaki vegan tofu ● 140 Cal/3 oz. serving

# **ASIAN INFLUENCES** \$25.89

- iced water

bakery-fresh brownies

coriander peanut ramen noodles 200 Cal/3 oz. serving szechuan green beans 110 Cal/4 oz. serving chilled teriyaki salmon on sweet 80 Cal/2.25 oz. serving chile cucumber salad 230 cal/5.5 oz. serving orange glazed chicken with sesame spinach gourmet dessert bars♥ 300-370 Cal/2.75-3.25 oz serving choice of two (2) beverages: - lemonade 90 Cal/8 oz. serving - iced tea 5 Cal/8 oz. serving

**VEGAN OPTION** (substitute or add to buffet for \$3.49 per person) teriyaki tofu over stir-fried vegetables • 240 Cal/ 9.49 oz. serving

0 Cal/8 oz. serving

250 Cal/2.25 oz. serving

# **SMOKIN'S SOUTHERN SLIDER** \$24.29

fresh country coleslaw 
vegetarian baked beans 
170 Cal/3.5 oz. serving 
160 Cal/4 oz. serving 
160 Cal/4 oz. serving 
90 Cal/3 oz. serving 
260 Cal/4 oz. serving 
170 Cal each 
170 Cal each 
170 Cal/4 oz. serving 
170 Cal each 
170 Cal each 
170 Cal/4 oz. serving 
170 Cal/4 oz. ser

- pulled bbq chicken

- cilantro-lime pulled chicken

- pulled bbq pork

- pulled jackfruit + mushroom

190 Cal/3 oz. serving

290 Cal/3 oz. serving

100 Cal/3 oz. serving

100 Cal/3 oz. serving

80 Cal each

assorted craveworthy cookies

250-310 Cal each

choice of two (2) beverages:

- lemonade 90 Cal/8 oz. serving

- iced tea 5 Cal/8 oz. serving

- iced water 0 Cal/8 oz. serving

**VEGAN OPTION** (substitute or add to buffet for \$2.49 per person) shredded jackfruit + mushroom ● 000 Cal/ 00 oz. serving





all prices are per person + available for 12 quests or more includes appropriate accompaniments + choice of beverages

# **CUSTOMIZE YOUR EXPERIENCE**

served with assorted rolls + butter + choice of two beverages. includes appropriate accompaniments.

# **BUFFET STARTERS**

choice of one (1) starter.

50 Cal/3.5 oz. serving
160 Cal/2.7 oz. serving
120 Cal/3.25 oz. serving
40 Cal/5 oz. serving
250 Cal/5 oz. serving
210 Cal/4 oz. serving
60 Cal/2.15 oz. serving
130 Cal/3 oz. serving
110 Cal/3.25 oz. serving
80 Cal/3 oz. serving
130 Cal/1.75 oz. serving
40 Cal/2.25 oz. serving

# **BUFFET ENTREES**

\$24.89

choice of one (1) entree:	
POULTRY	
- lemon artichoke chicken breast \$28.59	200 Cal/5.75 oz. serving
- asiago chicken in a roasted red pepper sauce \$28.59	310 Cal/5 oz. serving
- grilled chicken breast with cider marinac \$24.89	de 120 Cal/3 oz. serving
- fried chicken with buttermilk hot sauce \$24.89	530 Cal/5.6 oz. serving
- chicken + shrimp creole \$24.89	240 Cal/18 oz. serving
<ul> <li>cavatappi with grilled chicken, chorizo, tomatoes, mushrooms, roasted peppers \$24.89</li> </ul>	9
- slow-roasted turkey breast rubbed with sage + thyme \$24.89	130 Cal/3 oz. serving
- lemon rosemary chicken	130 Cal/3 oz. serving

# HAM

<ul> <li>- honey mustard pork loin</li> <li>\$24.89</li> <li>- chipotle pork loin topped with a</li> <li>180 Cal/3.75 oz. servin</li> </ul>
- chinotle pork loin topped with a 180 Cal/3 75 oz servin
pineapple salsa \$24.89
- oven-baked smoked ham 110 Cal/3 oz. servin \$24.89
grilled colmon in a marcagan 120 Cal/2 75 oz con in

- grilled salmon in a moroccan	120 Cal/2.75 oz. serving
herb sauce	
\$32.99	
- bruschetta tilapia	200 Cal/5.5 oz. serving

STEAK	
- beef pot roast with dijon shallot	330 Cal/5 oz. serving
sauce	
\$28.99	
- pesto flank steak	250 Cal/3 oz. serving
\$34.29	
- asian marinated flat iron steak	160 Cal/ 3 oz. serving
\$34.39	
- beef tenderloin	290 Cal/7.65 oz. serving
\$41.99	

# **VEGETARIAN**

- cavatappi a la toscana♥

\$21.99	
- quinoa cake topped with tomato	270 Cal/4.25 oz. serving
chutney	
\$25.59	
- eggplant lasagna rolls 👽	250 Cal/7.25 oz. serving

430 Cal/15.75 oz. serving

\$21.19 - chickpea tagine 430 Cal/10.6 oz. serving \$21.19

all prices are per person + available for 12 guests or more includes appropriate accompaniments + choice of beverages

# THEMED EVENTS

# **BUFFET SIDES**

# STARCHES

- penne with marinara sauce•

- chipotle macaroni + cheese 👽

- goat cheese + roasted garlic mashed potatoes

- mashed sweet potatoes

- buttermilk mashed potatoes V

- roasted new potatoes

- marinated roasted red potatoes V

- toasted orzo with spinach + cranberries •

# **VEGETABLES**

- pan-roasted vegetables V
- roasted root vegetables
- fresh herbed vegetables V
- tomato caper ratatouille
- herb-roasted mushrooms
- sweet herbed corn V
- broccoli rabe♥
- ginger honey glazed carrots V
- garlic spinach + kale
- toasted orzo with spinach + cranberries

# CHILLED SIDES

- barley orange cranberry salad
- toasted cranberry apple couscous •
- red skinned potato salad V
- homestyle macaroni salad V
- greek pasta salad 👽

100 Cal/3 oz. serving 230 Cal/2.75 oz. serving 170 Cal/4.25 oz. serving

110 Cal/4.25 oz. serving 120 Cal/3.75 oz. serving 110 Cal/2.75 oz. serving 120 Cal/2.75 oz. serving

45 Cal/3 oz. serving 100 Cal/2.75 oz. serving 100 Cal/3.5 oz. serving 45 Cal/4.25 oz. serving 90 Cal/3 oz. serving 350 Cal/4 oz. serving 70 Cal/3.75 oz. serving 110 Cal/3.25 oz. serving 60 Cal/3.25 oz. serving 170 Cal/4 oz. serving

120 Cal/3.5 oz. serving 180 Cal/3 oz. serving 240 Cal/4 oz. serving 280Cal/3.5 oz. serving 85 Cal/3 oz. serving

# 170 Cal/4 oz. serving **BUFFET FINISHES**

choice of one (1) buffet finish:

- individual chocolate ganache

butter cupcakes♥

- apple pie♥	410 Cal/slice
- new york-style cheesecake	440 Cal/slice
- assorted miniature chocolate +	80 Cal/3.75 oz. serving
caramel cheesecake 🔨	
- individual vanilla raspberry bundt cake	₹ 520 Cal each
- spiced carrot cake 🕏	370 Cal/slice
- chocolate cake 👽	270 Cal/slice
- bread pudding with caramel apple	370 Cal/6.75 oz. serving
sauce	
- cherry cheesecake tarts 👽	170 Cal/1.75 oz. serving
- assorted miniature citrus	80-100 Cal each
cheesecakes♥	
- dulce de leche brownie♥	220 Cal/2.25 oz. serving

bundt cake - vegan zucchini cake with raisins 270 Cal/3 oz. serving + walnuts •

- aquafaba chocolate mousse 230 Cal/2.75 oz. serving - mini sriracha chocolate + peanut 140 Cal each

- pumpkin crunch mousse 160 Cal/ 2.75 oz. serving





## receptions

## **HORS D'OEUVRES**

priced per piece (50 piece minimum)

#### **RECEPTION HORS D'OEUVRES (HOT)**

bacon wrapped dates	50 Cal each
\$3.09	
beef empanadas	70 Cal each
\$3.79	
beef satay	35 Cal each
\$4.59	
beef meatballs	160 Cal each
\$3.09	
chili-lime chicken kabobs	40 Cal each
\$3.89	
mac n cheese melts 💜	80 Cal each
\$2.29	
crab cakes	30 Cal each
\$2.79	
vegetable spring rolls♥	15 Cal each
\$2.59	
mini quiche	300 Cal each
\$3.09	
spanakopita♥	70 Cal each
\$3.09	
buffalo cauliflower wings ♥	90 Cal each
\$2.09	
balsamic fig + goat cheese flatbread ♥	80 Cal each
\$2.79	
crabless crab cakes 💜	70 Cal each
\$2.59	
florentine stuffed mushrooms 💜	90 Cal each
\$3.09	
mini chicken + waffles	205 Cal each
\$3.09	

#### RECEPTION HORS D'OEUVRES (COLD)

veggie hummus cup•	190 Cal each
\$3.59	
bruschetta crostini 🔍	50 Cal each
\$2.59	
salmon tartine	110 Cal each
\$3.09	
antipasto kabobs	45 Cal per each
\$3.79	
mushroom profiterole♥	45 Cal each
\$2.79	
roasted butternut tartine♥	100 Cal each
\$17.70	

## UNSURE OF HOW MANY ITEMS + HOW MUCH TO ORDER FOR YOUR RECEPTION?

contact your catering events specialist to discuss the proper amounts needed for a reception.

#### RECEPTION HORS D'OEUVRES (COLD) CONT.

creamy hearts of palm tarragon salad crostini • \$2.29	75 Cal each
chicken cobb tartine	150 Cal each
\$3.09	
shrimp + avocado toast points	70 Cal each
\$3.89	
strawberry ricotta toast points 💙	60 Cal each
\$2.39	
cashew tarragon chicken salad in phyllo cup	30 Cal each
\$3.59	
beef tenderloin, arugula, blue cheese, roasted	50 Cal each
garlic on toast	
\$4.59	
smoked salmon on cucumber round with fresh dill	10 Cal each
\$4.09	
dill chicken salad pinwheels	230 Cal each
\$2.29	
deviled eggs V	65 Cal each
\$3.09	
gorgonzola, tomato chutney, balsamic onion crostini 🗣	72 Cal each
\$3.79	
caprese spoons 🔍	90 Cal each
\$2.59	

## RECEPTION PLATTERS +

#### CLASSIC SLICED CHEESE TRAY \$5.49 per person

classic sliced cheese tray with swiss, 290 Cal/2.75 oz. serving cheddar + pepper jack cheeses, pita chips + crostini ♥

#### FRESH GARDEN CRUDITÉS \$4.89 per person

fresh garden crudités with ranch dill dip 120 Cal/5 oz. serving

#### FRESH SEASONAL FRUIT \$4.09 per person

Fresh Seasonal Fruit Tray

40 Cal/2.5 oz. serving

#### ASSORTED MINI SANDWICHES \$8.79 per person

1.5 per person, served on ciabatta
ham + american cheese mini sandwiches
roast beef + cheddar mini sandwiches
280 Cal each
turkey + swiss mini sandwiches
310 Cal each
mini caprese sandwiches
250 Cal each

#### ANTIPASTO PLATTER \$8.99 per person

marinated vegetables, assorted 250 Cal/5 oz. serving italian meats + cheese

# receptions

### **RECEPTION STATIONS**

reception stations may require additional fees for a chef attendant.
please contact your catering professional for details. all prices are per person
+ available for 12 guests or more. includes appropriate accompaniments.

#### **BAKED POTATO ACTION STATION \$12.49**

Baked Potatoes	130 Cal each
Chili Con Carne	90 Cal/3 oz. serving
Chicken Mushroom Alfredo	165 Cal/3 oz. serving
Steamed Broccoli	20 Cal/1 oz. serving
Bacon Bits	45 Cal/.5 oz. serving
Sour Cream V	40 Cal/ 1 oz. serving
Butter 9	110 Cal/ 1 oz. serving
Scallions •	0 Cal/.5 oz. serving
Shredded Cheddar Cheese V	110 Cal/ 1 oz. serving

#### MIX 'N' MAC \$16.89

chef attendant required at an additional cost.

homestyle elbow macaroni in a creamy 460 Cal/8 oz. serving choice of one (1) sauce:

460 Cal/8 oz. serving

480 Cal/8 oz. serving

463 Cal/8 oz. serving

160 Cal/3 oz. serving

60 Cal/2 oz. serving

70 Cal/2 oz. serving

140 Cal/2 oz. serving

80 Cal/2 oz. serving

90 Cal/3 oz. serving

70 Cal/3 oz. serving

40 Cal/1.76 oz. serving

0 Cal/0.25 oz. serving

- cheddar sauce with chipotle ♥
- pepperjack sauce ♥
- beer swiss sauce ♥

choice of two (2) proteins:

- grilled chicken breast - diced ham

- crumbled bacon - roasted tofu 👽

- shredded beef roasted mushrooms •

peas • broccoli bits • scallions •

**TEA TIME** \$12.99

fresh mozzarella tea sandwiches
grilled chicken + apple tea sandwiches
roast beef + brie tea sandwiches
scones with jam + honey
cream cheese
380 Cal/3 oz. serving
assorted petit fours
60-140 Cal each
shortbread cookies
20 Cal/8 oz. serving

#### **SLIDE INTO HOME \$15.49**

choice of three (3) sliders:

110 Cal each
220 Cal each
160 Cal each
200 Cal each
340 Cal each
260 Cal each
390 Cal each

#### MEZZE DELIGHT \$13.19

pita chips V	140 Cal/2 oz. serving
hummus♥	80 Cal/2 oz. serving
baba ghanoush •	120 Cal/4 oz. serving
tabbouleh salad	110 Cal/3.25 oz. serving
marinated olives	150 Cal/2.75 oz. serving
seasonal vegetables	70 Cal/3 oz. serving
falafel	60 Cal each

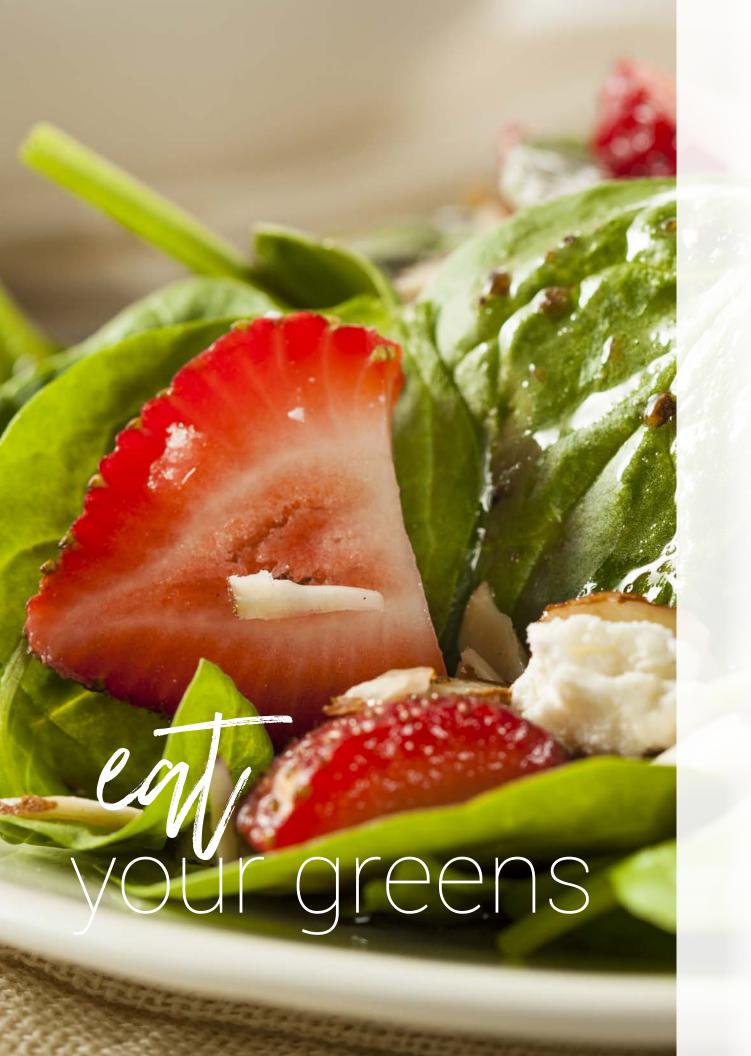
#### **ASIAN FUSION** \$15.49

egg rolls		190 Cal each
pot stickers		45 Cal each
choice of two (2) dipping sau	ces:	
- sweet soy sauce♥		50 Cal/1 oz. serving
- sweet + sour sauce♥		40 Cal/1 oz. serving
- chili garlic sauce♥		45 Cal/1 oz. serving
sweet + spicy boneless chick	en	600 Cal/7.5 oz. serving
wings with celery sticks		
gourmet dessert bars♥	300-370 (	Cal/2.75-3.25 oz. serving

## MAY WE SUGGEST A SERVED MEAL OR RECEPTION?

our talented chefs are delighted to create special menus that include local + sustainable selections that accommodate your culinary preferences + budget. please contact our catering office at 909.748.8959 / redlandscatering@harvesttableculinary.com to arrange a personal consultation.





## served meals

all prices are per person + available for 12 guests or more. includes appropriate accompaniments.

### SERVED PLATED SALADS

no more than two (2) salad choices per event all salads include:

assorted rolls with butter 

160 Cal each choice of one (1) salad 

400-630 Cal each choice of one (1) dessert bar 

100-370 Cal each iced water 

0 Cal/8 oz. serving iced tea 

5 Cal / 8 oz serving 

coffee, decaf + hot water with tea bags 

0 Cal/8 oz. serving

\* Substitutions or additions are subject to price changes

#### CHICKEN, BLUE CHEESE & PEAR SALAD \$20.39

grilled lemon chicken on a bed of 630 Cal/13.75 oz. serving redlands crisp greens, pear, blue cheese, walnuts, croutons + dijon vinaigrette

#### **CITRUS GRILLED CHICKEN CAESAR SALAD** \$20.39

Grilled orange herbed chicken, parmesan, grape tomatoes + seasoned croutons on crisp romaine served with Caesar dressing

550 Cal/10 oz. serving

#### STEAK 'N' CRUNCH SALAD \$22.29

crisp romaine + arugula mix with chilled roasted red potato, blue cheese + roasted garlic ranch topped with carne asada 560 Cal/10 oz. serving

#### PORK BANH MI SALAD \$21.29

sliced adobo roasted pork loin, chopped 510 Cal/14 oz. serving romaine, pickled vegetables, cucumber, cilantro + baguette chips with thai lime sriracha dressing

#### **SOUTHWEST CHICKEN AVOCADO SALAD \$21.29**

grilled ancho lime chicken on fresh 560 Cal/13.38 oz. serving baby spinach + romaine, roasted corn, black beans, grape tomatoes topped with southwest vinaigrette, avocado & tortilla straws

#### **TURKEY HARVEST SALAD \$20.89**

roasted turkey, cranberries, fresh 560 Cal/13.38 oz. serving apple, feta, pecans + harvest greens tossed with cranberry honey vinaigrette

#### **ASIAN SALMON CHOP SALAD \$22.29**

mixed greens, daikon radish, bell 560 Cal/13.38 oz. serving pepper, carrot, mandarin oranges tossed with sesame orange vinaigrette + topped with seared salmon + wonton crisps

#### TRI-TIP GREEK SALAD \$22.29

tomato, feta, cucumber, banana 530 Cal/13.62 oz. serving peppers, kalamata olives, sliced red onions + romaine tossed with greek vinaigrette + topped with sliced tri-tip

#### **DESSERT BARS**

choice of one (1) gourmet dessert bars (decorated on b&b plate)

- s'more bar♥ - raspberry coconut almond bar♥

- citrus cheesecake bar

dulce de leche brownie
kev lime bar

100 Cal each 220 Cal/2.25 oz. serving

260 Cal/.05 oz. serving

250 Cal/2.25 oz. serving

370 Cal each

ANY SALAD CAN BE MADE VEGAN/VEGETARIAN/DAIRY-FREE OR MADE WITHOUT GLUTEN

## served meals

### **SERVED PLATED DINNERS**

all served dinners include your choice of one salad, one starch and one dessert and are accompanied by locally farmed seasonal vegetables, assorted dinner rolls, butter, coffee/tea service and water/iced tea. no more than two (2) entree choices per event. labor is additional. substitutions are subject to change, have a special diet or want a custom selection? please contact our catering office

#### SALADS

choice of one (1)

seasonal garden salad - fresh iceberg
 romaine lettuce, cucumbers, tomatoes,
 carrots + bell pepper served with
 balsamic vinaigrette

- classic caesar salad - fresh romaine 160 Cal/2.66 oz. serving lettuce, seasoned croutons + shredded parmesan served with caesar dressing ♥

- bacon spinach salad - bacon, mushrooms, hard boiled egg, tomatoes + baby spinach leaves served with balsamic vinaigrette

 greek green salad - chopped romaine 120 Cal/3.25 oz. serving lettuce, plum tomatoes, cucumbers, bell peppers, feta, radishes + olives served with greek vinaigrette

- strawberry feta salad - mixed greens, 190 Cal/5.6 oz. serving strawberries, feta, bacon, cucumber + sunflower kernels served with poppy seed vinaigrette

#### ENTREES

choice of one (1)

#### CHICKEN

- herb roasted chicken with lemon dill sauce 170 Cal/5 oz. serving \$38.99

 roasted red pepper, spinach + artichoke stuffed chicken breast with a parmesan béchamel sauce

\$44.99

- jamaican chicken with a pineapple rum sauce

490 Cal/6 oz. serving

600 Cal/6 oz. serving

\$41.99

- pan seared chicken mushroom 240 Cal/6.75 oz. serving marsala

\$40.99

- chicken cordon bleu with dijon 610 Cal/6 oz. serving cream sauce

\$43.99

#### **BEEF**

- dijon herb flank steak with a peppercorn 340 Cal/3 oz. serving sauce

\$38.99

- roasted tri-tip with a gorgonzola garlic 460 Cal/3 oz. serving cream sauce

\$40.79

- braised short rib with demi-glace 690 Cal/6 oz. serving \$44.99

- spinach + mushroom stuffed beef tenderloin with a truffle wine sauce \$49.99 610 Cal/5 oz. serving

#### **PORK**

- asian braised pork shoulder with 540 Cal/5 oz. serving a sticky sauce

- grilled pork chop with apple onion soubise 250 Cal/5 oz. serving \$33.99

 brown sugar honey mustard pork tenderloin
 \$34.99
 290 Cal/4 oz. serving

 apricot glazed bacon wrapped cajun pork 360 Cal/4 oz. serving tenderloin \$37.99

#### **SEAFOOD**

- blackened tilapia with ancho lime butter 310 Cal/4 oz. serving \$35.79

- grilled salmon drizzled with a maple 200 Cal/3.25 oz. serving honey dijon sauce \$42.99

- almond crusted cod topped with 420 Cal/5.50 oz. serving romesco sauce \$34.99

#### VEGETARIAN/VEGAN

- vegetable wellington with a rustic pomodoro sauce • 550 Cal/5.5 oz. serving pomodoro sauce • 530.29

- spring pea risotto 

530 Cal/5 oz. serving 
\$31.49

- vegan beef mediterranean stuffed 

530 Cal/5 oz. serving

peppers • \$32.99





## served meals

### SERVED PLATED DINNERS

all served dinners include your choice of one salad, one starch and one dessert and are accompanied by locally farmed seasonal vegetables, assorted dinner rolls, butter, coffee/tea service and water/iced tea. substitutions are subject to change.

#### **STARCH**

choice of one (1):

#### **POTATOES**

- goat cheese + garlic mashed potatoes V

- buttermilk mashed potatoes V

- cheddar chive mashed potatoes V

- mashed sweet potatoes V

- honey orange roasted red potatoes V

- herb roasted fingerling potatoes

- scalloped potatoes

## 170 Cal/4.25 oz. serving

120 Cal/3.75 oz. serving 150 Cal/4 oz. serving

110 Cal/4.25 oz. serving

120 Cal/2.75 oz. serving

100 Cal/3 oz. serving

150 Cal/4 oz. serving

#### RICE

- herbed rice pilaf - saffron rice

- red guinoa & brown rice •

- jasmine white rice

- buttery lemon garlic rice

#### 150 Cal/3.5 oz. serving 150 Cal/3.5 oz. serving 210 Cal/2.75 oz. serving

130 Cal/3 oz. serving

250 Cal/4 oz. serving

#### **PASTAS**

- cranberry spinach orzo - baked macaroni + cheese♥

- capellini pasta

## 170 Cal/4 oz. serving

250 Cal/4 oz. serving 140 Cal/3.25 oz. serving

#### **GRAINS**

- creamy cheese polenta V

- toasted cranberry apple couscous

#### 130 Cal/5 oz. serving 180 Cal/3 oz. serving

#### **DESSERT**

choice of one (1):

- assorted citrus cheesecakes

- spiced carrot cake V

- dulce de leche brownies

220 Cal/2.25 oz. serving

- vanilla bean raspberry mini bundt cake V - chocolate ganache mini bundt cake V

- caramel apple bread pudding - aquafaba chocolate mousse

- vegan apple crumb cake with a cinnamon streusel topping

- cherry cheesecake tart V - strawberry shortcake V

- caramel pear charlotte 🖤

- banana cream napoleaon - lemon mascarpone tart

80-100 Cal each

370 Cal/slice

520 Cal each

330 Cal each 360 Cal/6.75 oz. serving

140 Cal/2.75 oz. serving

230 Cal/2.19 oz. serving

170 Cal/1.75 oz. serving 130 Cal/2.5 oz. serving 460 Cal/4 oz. serving

394 Cal each

683 Cal each

HAVE A SPECIAL DIET OR WANT A CUSTOM **SELECTION? PLEASE CONTACT OUR CATERING** OFFICE AT 909.748.8959

## breaks

### **BREAKS**

all prices are per person + available for 12 guests or more.

#### **HEALTHY ALTERNATIVE** \$9.99

hand fruit	
-apples •	60 Cal each
-oranges •	50 Cal each
-bananas •	110 Cal each
individual yogurt cups V	50-150 Cal each
trail mix 🔨	290 Cal each
granola bars 👽	190 Cal each

#### **SNACK ATTACK** \$8.59

individual bags of chips 💜	100-160 Cal each
individual bags of roasted peanuts 👽	190 Cal/1 oz. serving
trail mix 🗸	290 Cal each
assorted craveworthy cookies 🔍	250-310 Cal each
bakery-fresh brownies 🖤	250 Cal/2.25 oz. serving

#### **REV'D UP + READY TO GO** \$9.19

chocolate orange power poppers♥	100 Cal each
fruit skewers with yogurt honey dip 🔻	100 Cal/6.5 oz. serving
carrots + celery sticks with	100 Cal/6.5 oz. serving
ranch dip V	
cinnamon-honey granola	340 Cal/3 oz. serving

#### CHOCAHOLIC \$9.99

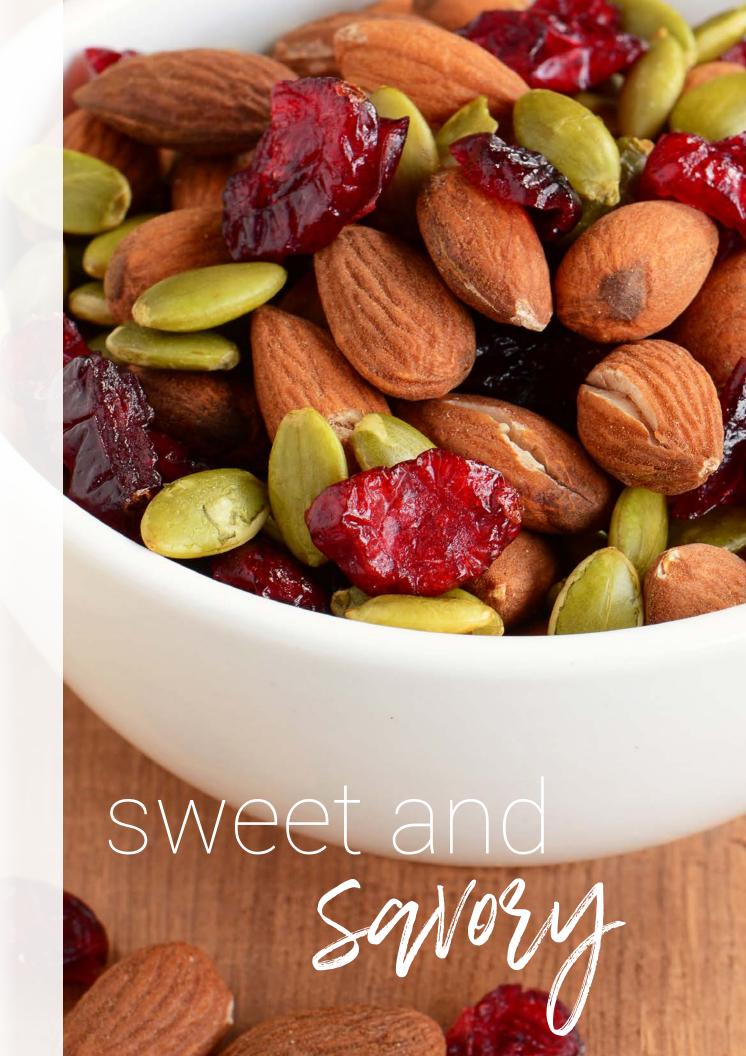
miniature chocolate bars three (3) per person	45-70 Cal each
chunky chocolate craveworthy cookies 🔍	280 Cal each
chilled chocolate milk 🗸	160 Cal each
chocolate dipped pretzels 🔻	110 Cal each
chocolate dipped strawberries • two (2) per person	40 Cal each

#### MINIATURE COOKIES \$3.99 per person

assortifient of sugar cookie bites, battriearraisin	
cookie bites + chocolate chip (3 per person)♥	60-80 Cal each

## **SNACKS A LA CARTE**

roasted garam masala chickpeas • \$3.29 per person	80 Cal/2.75 oz. serving
chocolate orange power poppers \$\sqrt{9}\$ \$3.89 per person	100 Cal each
gold fish® crackers♥ \$2.79per person	260 Cal/2 oz. serving
m and m`s®  \$3.59 per person	280 Cal/2 oz. serving
savory snack mix♥ \$3.99 per person	200 Cal/1.75 oz. serving
mini pretzels 9 \$2.29 per person	80 Cal/1 oz. serving
popcorn♥ \$1.99 per person	50 Cal/2.25 oz. serving
honey roasted peanuts ♥ \$2.99 per person	190 Cal/1.3 oz. serving
trail mix♥ \$2.99 each	290 Cal each
individual yogurt cups ♥ \$3.69 each	50 - 150 Cal each
granola bars♥ \$2.49 each	190 Cal each





# sips & sweets

### **BEVERAGES**

includes appropriate accompaniments

0 Cal/8 oz. serving gourmet coffee + decaf coffee + hot water with tea bags \$3.19 per person bottled water O Cal each \$2.29 each assorted sodas (cans) 0-200 Cal each \$2.29 each assorted individual fruit juices 110-170 Cal each \$2.99 each iced tea 5 Cal/8 oz. serving \$2.49 per person lemonade 90 Cal/8 oz. serving \$2.49 per person hot chocolate 160 Cal/8 oz. serving

infused water choice of one (1) fruit infused water.

\$2.29 per person

\$5.99 per person

- lemon infused water 0 Cal/8 oz. serving
- orange infused water 10 Cal/8 oz. serving
- apple infused water 20 Cal/8 oz. serving
- cucumber infused water 10 Cal/8 oz. serving
- grapefruit infused water 10 Cal/8 oz. serving

choice of one (1) fresh house-made agua frescas: •

\$2.99 per person

- strawberry lemonade agua fresca
- pineapple agua fresca
- mango agua fresca
- watermelon agua fresca
- mixed berry agua fresca
- tarawberry lemonade agua fresca
210 Cal/12 oz. serving
205 Cal/12 oz. serving
50 Cal/12 oz. serving
45 Cal/12 oz. serving

## **ORDERING INFORMATION**

#### **LEAD TIME**

notice of 7 days is appreciated; however, we will do our best to accommodate all late orders that are received. we appreciate the importance of your function + we will do whatever it takes to exceed your expectations.

#### **EXTRAS**

we are delighted to assist you with all of your event needs from rental equipment, linens, florals to service staff + everything in between. - additional fees may apply

## **DESSERT TRAYS**

assorted craveworthy cookies ♥ 250-310 Cal each \$17.59 per dozen
gourmet dessert bars ♥ 300 - 370 Cal/2.75-3.25 oz. serving \$20.59 per dozen
chocolate chip cookie brownies ♥ 280 Cal/ 2.6 oz. serving \$20.59 per dozen
custom artisan cupcakes ♥ 380 Cal each \$25.59 per dozen
chocolate covered strawberries ♥ 40 Cal each \$26.59 per dozen

## **DESSERT ACTION STATIONS**

attendant fee may apply

#### MINI CAKE BAR \$12.59 per person

mini pound cakes ♥(1 Per Person) 120 Cal each sugared strawberries • 60 Cal/2 oz. serving apple brown sugar compote • 80 Cal/2 oz. servings cherry compote • 60 Cal/2 oz. serving chocolate sauce ♥ 70 Cal/1 oz. serving whipped cream ♥ 50 Cal/.50 z serving

#### **ICE CREAM SOCIAL \$8.99**

using redlands local nichos ice cream choice of two (2):

- vanilla ice cream 140 Cal/4 oz. serving
- chocolate ice cream 150 Cal/ 4 oz. serving
- seasonal vegan sorbet 110-150 Cal/ 4 oz. serving
chocolate sauce 70 Cal/1 oz. serving
caramel sauce 100 Cal/1 oz. serving
whipped cream 
50 Cal/0.5 oz. serving
sprinkles 
70 Cal/0.5 oz. serving

WE ARE HAPPY TO ACCOMMODATE SPECIAL DIETARY
REQUESTS, PLEASE CONTACT THE OFFICE AT 909.748.8959 /
REDLANDSCATERING@HARVESTTABLECULINARY.COM. TO
DISCUSS THE OPTIONS THAT WE HAVE AVAILABLE.

# your table is waiting



### **CONTACT US TODAY**

909.748.8959

harvesttablecateringredlands.catertrax.com redlandscatering@harvesttableculinary.com prices effective until 06/30/2026

