

BEVERAGES

| Coffee | | | Tea | | | Specialties | |
|-------------------------|------|------|---------------|------|------|-------------------------------|------|
| | 12oz | 16oz | | 12oz | 16oz | | 16oz |
| Fresh Brewed Hot Coffee | 2.59 | 2.99 | Chai Latte | 5.29 | 5.79 | George Frapp | 5.79 |
| Espresso (2 shots) | 3.59 | | Matcha Latte | 5.29 | 5.79 | Italian Sodas | 5.29 |
| Cafe Latte | 3.69 | 4.29 | Hot Tea | 2.99 | 3.95 | Sparkling Lemonades | 5.29 |
| Cappuccino | 3.69 | 4.29 | London Fog | 4.89 | 5.49 | Smoothies | 9.39 |
| Americano | 4.99 | 5.59 | Medicine Ball | 4.99 | 5.59 | Milk Shakes | 5.59 |
| | | | | | | (chocolate, vanilla, or Oreo) | |

Add Espresso Shots: \$1.99

Milks Options: Whole, Almond, Oat, Soy, and Half/Half

Summit Teas: Earl Gray, Black, Dragon Well Green, Moroccan Mint, Chamomile, Matcha, and Local Peach

Breakfast Burritos

Egg & Cheese Burrito

Scrambled eggs, potatoes, and cheddar cheese in a spinach tortilla

962 Cal 5.99

Bacon Egg & Cheese Burrito

Bacon, scrambled eggs, potatoes, and cheddar cheese in a spinach tortilla

1034 Cal 7.99

Soyrizo Burrito

Tofu southwest scramble, made in house soyrizo, potatoes, and vegan cheese in a spinach tortilla

847 Cal 7.99

Breakfast Sandwiches

Egg & Cheese Sandwich

Scrambled eggs and cheddar cheese on an English muffin

4.99

Bacon, Egg, and Cheese Sandwich

Bacon, scrambled eggs, and cheddar cheese on an English muffin

6.99

Southwest Tofu Scramble Sandwich

Southwest scrambled, and vegan cheddar cheese on ciabatta

205 Cal 4.99

Add On's

| | | | |
|----------------|----------------|--------------------|----------------|
| Tomato | 4 Cal \$.50 | Pepper Jack Cheese | 100 Cal \$.99 |
| 2 Slices Bacon | 205 Cal \$2.99 | Cheddar cheese | 110 Cal \$.99 |
| Avocado Spread | 45 Cal \$1.99 | Vegan Cheese | 77 Cal \$.99 |




Meal Exchange Includes

- Entree
- Hand Fruit
- Bottle Water or Drip Coffee


*2,000 Calories A Day Used For General Nutrition Advice, But Calorie Needs Vary. Additional Nutrition Information Available Upon Request.


Toasts & Bagels


Plant Power Avocado Toast  **377 Cal 4.99**
 House Made Whole Wheat Toast, Fresh Smashed Avocado, Tomatoes, Pickled Onions, Pumpkin Seeds, Lot 22 Olive Oil, Salt, and Pepper Seasonal Micro Greens

Egg and Bacon Cream Cheese Bagel **567 Cal 5.99**
 House Toasted Bagel, Whiped Cream Cheese, Crispy Bacon, Hard Boiled Egg, Lot 22 Olive Oil, Salt, and Pepper Seasonal Micro Greens.

Bacon and Egg Avocado Toast **400 Cal 5.99**
 House Made Whole Wheat Toast, Fresh Smashed Avocado, Bacon, Hard Boiled Egg, Tomatoes, Lot 22 Olive Oil, Salt, Pepper, and Seasonal Micro Greens

Roasted Garlic Hummus Bagel  **532 Cal 4.99**
 House Toasted Bagel, Roasted Garlic Hummus, Hard Boiled Egg, Tomatoes, Lot 22 Olive Oil, Salt, Pepper, and Seasonal Micro Greens.

Balsamic Cream Cheese Bagel  **536 Cal 4.99**
 House Toasted Bagel, Whipped Cream Cheese, Tomatoes, Lot 22 Olive Oil, Classic Balsamic and Seasonal Micro Greens.

Plain Toasties with a Topping  **230 Cal 3.99**
 Toasted Wheat Bread or Plain Bagel with Butter PC, Peanut Butter PC or Nutella

Add On's

| | | | |
|----------------|----------------|--------------------|----------------|
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| 2 Slices Bacon | 205 Cal \$2.99 | Cheddar cheese | 110 Cal \$.99 |
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Open Faced Melts

Bagel Chicken Salad Melt 758 Cal 7.99
 Toasted Bagel topped with our Creamy House Made Chicken Salad, Tomatoes, Melted Cheddar Cheese, and Garnished with Seasonal Micro Greens.

Whole Wheat Jack Salad Melt  500 Cal 5.99
 Toasted Whole Wheat bread topped with our Creamy House Made Vegan Jackfruit Salad, Tomatoes Melted Vegan Cheddar Cheese, and Garnished with Seasonal Micro Greens.

Avocado Hummus Tomato Melt 614 Cal 5.99
 Toasted Bagel with Garlic Roasted Hummus, Fresh Avocado and Vine Ripe Tomatoes, Pepper Jack Cheese, and Garnished with Seasonal Micro Greens

Whole Wheat Turkey Club Melt 574 Cal 7.99
 Toasted Whole Wheat Bread with Turkey, Bacon, Avocado, Tomatoes, Melted Cheddar Cheese, and Garnished with Seasonal Micro Greens

Applegate Ham and Cheddar Melt  491 Cal 7.99
 Toasted Bagel topped with Thinly Sliced Applegate Ham, Tomatoes, Melted Cheddar Cheese, and Garnished with Seasonal Micro Greens

Add On's

| | | | |
|----------------|----------------|--------------------|----------------|
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