



# SANDWICHES

Includes your choice of side

Sausage & Peppers ↻ 810 Cal \$9.99

Smoked sausage with sauteed peppers, onions and smoked garlic chipotle aioli in a toasted roll

Contains: wheat

Pulled Beef ↻ 450 Cal \$9.99

BBQ pulled beef topped with green apple coleslaw and BBQ sauce in a toasted roll

Contains: wheat

Smoked Chicken 440 Cal \$10.99

Smoked chicken thigh topped with sweet & spicy coleslaw and caramelized onions in a toasted roll

Contains: wheat

BBQ Jackfruit ↻ 320 Cal \$9.99

BBQ pulled jackfruit topped with pickled onions and BBQ sauce in a toasted roll 🥕🌱

Contains: wheat



vegetarian



vegan



made without gluten



Meal Exchange Includes

- ENTREE

- SIDE

- FOUNTAIN DRINK

2000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.


# Entrees

**Black Bean Chili Bowl**  **650 Cal \$9.99**  
House-made black bean chili topped with sour cream, shredded cheese, green onions    
Contains: milk

Served with house-made cornbread   
Contains: wheat, milk, eggs

**BBQ Pulled Beef Fries** **740 Cal \$11.99**  
Crispy fries topped with BBQ pulled beef, green apple coleslaw and BBQ sauce 

**Chili Fries**  **840 Cal \$10.99**  
Crispy fries topped with our house-made black bean chili, sour cream, shredded cheese and green onions    
Contains: milk

**BBQ Ranch Chicken Salad** **710 Cal \$12.99**  
Smoked chicken thigh on a bed of lettuce topped with roasted corn, cucumbers, cherry tomatoes, black beans, BBQ sauce and ranch dressing   
Contains: milk, eggs

**Hickory Plate** **620 Cal \$12.99**  
Your choice of protein with your choice of 2 sides and house-made cornbread

## Sides \$2.59

**Baked Beans**    **140 Cal**

**Green Apple Coleslaw**    **70 Cal**

**Sweet & Spicy Cole Slaw**    **40 Cal**

**Honey Mustard Potato Salad**   **130 Cal**  
Contains: milk, eggs

**House-made Corn Bread**  **280 Cal**  
Contains: wheat, milk, eggs



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## BURGERS

CHOICE OF FRENCH FRIES OR SIDE SALAD


### BULLDOG DOUBLE CHEESEBURGER 885 Cal \$12.99

Two Newport Pride beef patties, cheddar cheese, lettuce, tomato, red onion, dill pickles, Redlands Island Sauce on a potato bun  
Contains: Dairy, Wheat, Egg, Soybeans

### JR. CHEESEBURGER 645 Cal \$8.99

Newport Pride beef patty, cheddar cheese, lettuce, tomato, red onions, dill pickles and Redlands Island Sauce on a potato bun  
Contains: Dairy, Wheat, Eggs

### PLANT FORWARD BURGER 1010 Cal \$8.99

House-made quinoa-black bean patty, cheddar cheese, lettuce, tomato, red onion, dill pickles, and vegan spread on a potato bun 

(Remove the Cheese to make it Vegan) 

Contains: Dairy, Wheat, Soybeans

## CHICKEN SANDWICHES

CHOICE OF FRENCH FRIES OR SIDE SALAD

### CRISPY CHICKEN SANDWICH 940 Cal \$12.99

Palisades Ranch buttermilk fried chicken breast, lettuce, tomato, dill pickles and spicy chipotle mayo on a potato bun  
Contains: Dairy, Wheat, Eggs, Soybeans

### JR. GRILLED CHICKEN SANDWICH 700 Cal \$8.99

Grilled Palisades Ranch chicken breast, lettuce, tomato, red onion, dill pickles and house-made Redlands Island Sauce on a potato bun  
Contains: Dairy, Wheat, Eggs

## ADD ON'S/SUBSTITUTIONS

CHICKEN BREAST	118 Cal \$3.99
BEEF PATTY	248 Cal \$3.99
BACON	81 Cal \$1.99
QUINOA-BLACK BEAN PATTY	223 Cal \$2.99
SLICED CHEESE	56 Cal \$ .99
VEGGIE TENDERS	190 Cal \$1.69
AVOCADO	45 Cal \$1.99
SAUCES	66-159 Cal \$ .59



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# SALADS

MAKE ANY SALAD INTO A WRAP! \$ .99


**GRILLED CHICKEN CAESAR SALAD**  **770Cal \$12.99**

Grilled Palisades Ranch Chicken Breast, chopped romaine lettuce, house-made croutons, Parmesan cheese, and house-made Caesar Dressing  
Contains: Dairy, Wheat, Eggs, Soybeans, Fish

**CRISPY RANCH CHICKEN SALAD** **835 Cal \$12.99**

Palisades Ranch buttermilk fried Chicken breast, romaine, baby spinach, shredded carrot, red onion, tomato, Croutons, and house-made Ranch Dressing  
Contains: Dairy, Wheat, Eggs, Soybeans

**PLANT POWER PROTEIN SALAD**  **1065 Cal \$9.99**

House made quinoa-black bean patty, romaine and baby spinach, shredded carrot, red onion, tomato, Pepita seeds, house-made croutons, and house-made Balsamic Vinaigrette  
Contains: Wheat, Soybeans 

**SIDE SALAD** **345 Cal \$2.99**

Romain lettuce, shredded carrots, tomato, house-made croutons, and choice of house-made dressings, Ranch, Redlands Island, or Balsamic 

# CHICKEN TENDERS

CHOICE OF DIPPING SAUCE



**BULLDOG BASKET** **1190 Cal \$9.99**

5-Piece Fried Chicken Tenders & 1/2 pound crispy french fries  
Contains: Wheat, Soybeans

**JR. BASKET**  **1105 Cal \$7.99**

3-Piece Fried Chicken Tenders & 1/2 pound crispy french fries  
Contains: Wheat, Soybeans

**FRENCH FRY BASKET**  **460 Cal \$4.59**

1/2 Lb of Crispy French Fries  
  

**SIDE FRENCH FRIES** **255 Cal \$2.99**

1/4 Lb of Crispy French Fries  
  

SAUCES: House-Made Ranch, Barbeque, Honey Mustard, Redlands Island Sauce, Thai Sweet & Sour Sauce

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