



AMERICANA



**MEAL EXCHANGE**

Includes entree, fountain drink and your choice of side: fries, side salad or a piece of focaccia bread.

## appetizers

**BAKED MEATBALL APPETIZER \$7.99 | 580 CAL**

Housemade beef meatball topped with marinara, mozzarella cheese and garnished with parsley

contains: wheat, egg, milk

**BAKED EGGPLANT MEATBALL APPETIZER \$6.99 | 300 CAL** 🌱 🌾

Housemade eggplant meatball topped with marinara, vegan mozzarella cheese and garnished with parsley

contains: soy

**APPETIZER PLATTER \$12.99 | 930 CAL** 🌱

Appetizer sampler platter featuring our Bella Americana mozzarella cheese sticks, fried zucchini, side of marinara and garnished with parsley served with french fries

contains: wheat, milk

## salad

**ANTIPASTO SALAD \$11.99 | 425 CAL** 🌱 🌾

Romaine lettuce, cherry tomatoes, pepperoni, salami, shredded mozzarella, shredded parmesan cheese, black olives, pepperoncini, and house-made herbed Italian vinaigrette

contains: milk

**MOZZARELLA BASKET \$9.99 | 760 CAL** 🌱

Crispy breaded mozzarella sticks and marinara sauce garnished with parsley served with French fries

contains: wheat, milk

**ZUCCHINI BASKET \$9.99 | 500 CAL** 🌱

Crispy breaded zucchini sticks with marinara sauce and garnished with parsley served with french fries

contains: wheat, milk

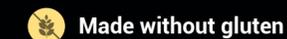
## side

**FOCACCIA BREAD \$2.99 | 150 CAL** 🌱

Side of Focaccia Bread

contains: wheat

2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information available upon request.





AMERICANA



## main

-  **MEATBALL SANDWICH \$12.99 | 760 CAL**  
Our housemade Italian Meatballs on a toasted hoagie with marinara sauce and mozzarella cheese  
*contains: wheat, egg, milk, soy*
-  **EGGPLANT MEATBALL SANDWICH \$10.99 | 300 CAL**   
Housemade vegan eggplant meat balls, topped with marinara sauce, vegan mozzarella cheese, and served on a toasted hoagie roll  
*contains: wheat, soy*
- CHICKEN PARM SANDWICH \$12.99 | 630 CAL**  
Crispy housemade chicken parmesan on a toasted hoagie, topped with marinara sauce and mozzarella cheese  
*contains: wheat, egg, milk, soy*
- EGGPLANT PARM SANDWICH \$10.99 | 460 CAL**   
Crispy vegan eggplant parmesan, topped with marinara sauce and vegan cheese, served on a toasted hoagie roll  
*contains: wheat, soy*
-  **RED PEPPER CHICKEN SANDWICH \$12.99 | 500 CAL**  
Grilled Chicken Breast and fire roasted red bell peppers, with bacon onion jam, smoked chipotle garlic aioli, red onion and shredded lettuce, served on a toasted hoagie  
*contains: wheat, egg, soy*

-  **CHICKEN ALFREDO PASTA \$12.99 | 900 CAL**  
Fettuccine pasta in our rich Bella Americana alfredo sauce, topped with grilled chicken breast, parmesan cheese and garnished with parsley served with a side focaccia bread  
*contains: wheat, milk, egg*

- CHICKEN PARM PASTA \$12.99 | 780 CAL**  
Housemade chicken parmesan over spaghetti with marinara sauce, parmesan cheese and garnished with parsley served with a side of focaccia bread  
*contains: wheat, egg, milk*

- EGGPLANT PARM PASTA \$11.99 | 490 CAL**   
Crispy breaded vegan eggplant parmesan over spaghetti with marinara sauce and garnished with parsley served with a side of focaccia bread  
*contains: wheat, egg*

-  **MEATBALL PASTA \$12.99 | 850 CAL**  
Spaghetti in marinara sauce, topped with our housemade beef meat balls, shredded parmesan cheese and garnished with parsley served with a side of focaccia bread  
*contains: wheat, egg, milk*

-  **EGGPLANT MEATBALL PASTA \$10.99 | 650 CAL**   
Vegan eggplant meatballs over spaghetti with marinara sauce, vegan mozzarella garnished with parsley served with a side of focaccia bread  
*contains: wheat, egg, soy*

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# BURGERS

*choice of french fries or side salad*

## BULLDOG DOUBLE BACON CHEESEBURGER

**885 CAL | \$14.99**

two beef patties, 2 slices of bacon, cheddar cheese, lettuce, tomato, red onion, dill pickles, Redlands island sauce on a hamburger bun

contains: wheat, egg, milk

## JR. CHEESEBURGER

**645 CAL | \$11.99**

beef patty, cheddar cheese, lettuce, tomato, red onion, dill pickles and Redlands island sauce on a hamburger bun

contains: wheat, egg, milk

## PLANT POWER BURGER

**995 CAL | \$10.99** 

housemade quinoa black bean patty, lettuce, tomato, red onion, dill pickles, and vegan mayo on a hamburger bun

contains: wheat, soy

*\*vegan option available upon request*

### MEAL EXCHANGE

*includes entree, french fries or side salad & fountain drink*

# CHICKEN SANDWICHES

*choice of french fries or side salad*

## CRISPY CHICKEN SANDWICH

**985 CAL | \$12.99**

crispy chicken breast, lettuce, tomato, dill pickles and Redlands island sauce on a hamburger bun

contains: wheat, egg, milk

## JR. GRILLED CHICKEN SANDWICH

**740 CAL | \$11.99**

grilled chicken breast, lettuce, tomato, red onion, dill pickles and housemade Redlands island sauce on a hamburger bun

contains: wheat, egg

### ADD ON'S/SUBSTITUTIONS

grilled chicken breast	89 cal   \$3.99
beef patty	245 cal   \$3.99
quinoa black bean patty	210 cal   \$3.99
bacon	80 cal   \$1.99
avocado spread	cal   \$1.99
sliced cheese	55 cal   \$.99
sauces	66-159 cal   \$.69





# SALADS

*make any salad into a wrap! +\$.99*

**GRILLED CHICKEN CAESAR SALAD 900 CAL | \$13.99**

grilled chicken breast, chopped romaine, house made croutons, parmesan cheese and house made caesar dressing

contains: milk, wheat, eggs, soybeans, fish

**CRISPY RANCH CHICKEN SALAD 1210 CAL | \$13.99**

crispy chicken breast, romaine, baby spinach, shredded carrots, red onion, tomatoes, house made croutons and house made ranch dressing

contains: wheat, eggs, milk

**PLANT POWER PROTEIN SALAD 1050 CAL | \$12.99**

house made quinoa black bean patty, romaine, baby spinach, shredded carrots, red onion, tomatoes, pepita seeds, house made croutons and house made balsamic vinaigrette

contains: wheat, soybeans

**BUILD YOUR OWN SALAD \$13.99**

your choice of base, toppings, one protein and dressing

contains: wheat, eggs, milk, soybeans

**SIDE SALAD 345 CAL | \$5.99**

romaine, shredded carrots, house made croutons and choice of house made dressings

contains: wheat, eggs, milk

**MEAL EXCHANGE**

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# BASKETS

*CHOICE OF DIPPING SAUCE: ranch, BBQ, honey mustard, Redlands island*

**BULLDOG BASKET 100 CAL | \$10.99**

5 piece fried chicken tenders and crispy french fries

contains: wheat

**JR. BASKET 775 CAL | \$8.99**

3 piece fried chicken tenders and crispy french fries

contains: wheat

**ADD-ON : SAUCE IT UP! TENDERS TOSSED YOUR WAY**

3 piece 655-830 Cal | \$ .99

5 piece 875-35 Cal | \$1.49

Sauce choices:

Blackberry Balsamic BBQ 60 Cal

BBQ Sauce 60 Cal

Franks Red Hot Sauce 5 Cal

FEATURING  
**BLACKBERRY BALSAMIC  
 BBQ**



**FRENCH FRY BASKET 450 CAL | \$5.99**

1/2 lb of crispy french fries

**SIDE FRENCH FRIES 250 CAL | \$3.99**

1/4 lb of crispy french fries

**ADD-ON : TURN UP THE TASTE WITH SEASONED FRIES**

Cajon or BBQ Seasoning | \$ .29



Vegetarian



Vegan



Made without gluten